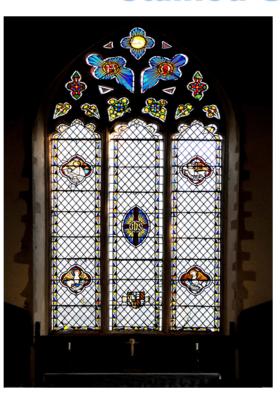
Shimpling News

Winter 2023 Issue 135

St George's, Shimpling Stained Glass Window Fund



Many people visit our village church walking through the avenue of 12 lime trees (one for each disciple) and say how lovely it is, especially in spring when the snowdrops are out in abundance. Some of you come to church regularly, some to the occasional service, and some come at Christmas or Easter. Others are glad to be able to use the church for those important milestones in their lives, christenings, weddings and funerals. It matters not; this is *our* church and along with our pub and the village hall is very much part of the tapestry of our village life.

The beautiful east window behind the altar at

St George's was created by renowned stained glass window maker - William Warrington circa 1842. It has been deteriorating in the past few years and is now at the point where repairs **must** be undertaken to preserve the stained glass and surrounding stonework. These works will cost in the region of £54,000.

Over the past few months, we have raised around £1,400 from raffles and donations and we really appreciate the support we have received so far; thank you. The PCC also hope to be successful in securing grants towards the cost and some funds will be taken from church reserves, but we will still need to raise a substantial amount to get the work done next year.

If you feel that you would like to help us with this in any way, either by joining our fundraising team or by making a donation either individually or via business sponsorship, please contact rosemariesadler99@gmail.com. If you are a taxpayer you can Gift Aid your donation, which would enable us to claim back 25p for every pound you give, which can make a significant difference.

The Parish Council:

Mrs Liz Brunwin 01284 828122

Mr Gerry Shrimpton 01284 827219

Mrs Nathalie Brown 07961 947497

Mr David Dunkley 07809 148630

Mr Hans Engstrom 07872 875442

Vacancy

Vacancy

Contact details for the Clerk are:

4 Park Farm Cottages, Brettenham, Suffolk, IP7 7QP (Correspondence and Appointment only)

Email: Shimplingpc@gmail.com Telephone: 07940 223200

The Parish Council meet bi-monthly in January, March, May (AGM), July, September and November every year. Extra meetings may also be held throughout the year when required. Annual Parish Assembly – Reports presented by the Council and local groups / charities / committees from within the parish. Members of the public can speak freely at this meeting in May, raise issues and ask questions relating to the reports. Annual Meeting of the Council (AGM) – Each May, Election of officers of the council. Declarations of acceptance of office. Parish Council Meetings – Council considers matters relating to finance, planning and the Parish. Additional extraordinary meetings are held when required.

Dates of meetings: Parish council meetings will be held at 7pm on the following dates;

Monday 13th November 2023

Monday 8th January 2024

Monday 11th March 2024

Please note that these meetings will now be held at the Village Hall.

Parish Council Website and Social Media and Notice Boards
You can find council information on the notice board by the
bus stop in The Street. This is also circulated via our Village
Round Robin System and posted on the Shimpling
Community Facebook page. Alternatively, the village web site
is regularly updated as well as our Facebook and Twitter
account. Please follow us on Twitter and like our Facebook
page:

Twitter: @shimplingpc

Facebook: Shimpling Parish Council

Website: http://shimplingpc.onesuffolk.net

Could you volunteer to help your Village?

We need a new Parish Councillors to join our team. Parish Councillors do a worthwhile job ensuring that your voice is heard and overseeing work so that your village is kept looking good. If you would like to know more about becoming a Councillor then please get in touch with the Clerk or any of our wonderful Councillors.

Report from Chair, David Dunkley, at the meeting held on the 18th September:

The Chair reported;

As is often the case, it has been a quiet period for the council over the summer months.

There has been some good news in that the SID on Slough Hill is now operational, thanks to Stuart. The maintenance review of the Playground equipment was largely very positive. The main issues seem to be bird poo. The areas have been cleaned but this is an ongoing job. We have a revised Website focussing on the wider community rather than primarily on the Parish Council's business. There is still a lot of information to be loaded but that is an ongoing job.

We are moving ahead with arrangements for a Neighbourhood Plan briefing day later in the year. On the not so good side, we were disappointed that the arrangements with Vertas on a Saturday bus service to Bury St Edmunds has had to be put on hold, due to driver unavailability.

Also, progress on the Village Hall lease has been much slower than we would have wanted or expected.

There have been a number of Police reportable incidents in the village recently. The Parish Council will be working to get better links with the various agencies and groups, involved with and responsible for, policing for the village.

Recycling

Please remember that the Parish Council receives money from the paper (although not cardboard) glass, clothing and shoes deposited in the recycling bins near the Bush Inn. Clothing and shoes should be bagged before depositing in the clothing/shoe bank. This income helps to run the council and therefore is a direct benefit to the village. Please keep recycling.

What the Parish Council have been up to ...

Over the last couple of months, we have:

There has been talks about renovations or extensions on

the Village Hall

Held a Neighbourhood Plan event to gauge the interest from residents in the Village – which was very successful Updating the website to ensure smooth communications for the Village

Trying to get Solar Panels funded for the Village Hall Looking at disabled access at the Village Hall The second Village SID is up and running Purchased a new 30mph sign and just need to fit it Got the Village Hall fire alarm mended and added to

Do you have new neighbours?

For some time now, the Parish Council have been sending welcome letters with local information to new residents. If you have new neighbours, can you please let Katie Haselhurst kh.shimpling@gmail.com know so that she can organise a welcome letter.

Shimpling WhatsApp Support Group

This was set up at the start of COVID to support those in need but has developed into a good way of communicating with others in the village. Recently we were asked to relay an urgent message to a villager and were able to locate the person quickly using the WhatsApp Group. If you could like to join the group, please contact Katie Haselhurst kh.shimpling@gmail.com.

Neighbourhood Plan

The Neighbourhood Plan promotion event which will be held in the Village Hall on Saturday 14th October. The promotion event went really well and there were a lot of positive interest from residents. We had 41 attendees and 41 people who

voted that Shimpling should have a Neighbourhood plan. We also have 7 volunteers for the working group and 2 people who said they would help out occasionally. Please do get in contact if you would like to help, there is room for everyone! **District Councillors**

Our District Councillors usually attend each Parish Council meeting and can also be contacted as follows:



Stephen Plumb 01787 280890 stephen.plumb@babergh.gov.uk

Michael Holt 01787 281712/07801 766813 michael.holt@babergh.gov.uk



Planning
There have been several new applications since our last newsletter. Others are updated below:

Application	Shim- pling PC	Planning Authority
	Com-	Decision
	ments	
DC/22/06142 - The Hermitage, Bury	Did not	Granted
Road, Shimpling, IP30 0JL - Planning	com-	
Application. Erection of stables and two-	ment	
storey outbuilding. Refurbishment of ex-		
isting outbuilding. Stationing of tempo-		
rary outbuilding for storage. Additional		
detail as per Design Access and Herit-		
age Statement – Awaiting Decision		

DC/22/06143 - The Hermitage, Bury Road, Shimpling, IP30 0JL - Application for Listed Building Consent - Erection of stables and two-storey outbuilding. Refurbishment of existing outbuilding. Stationing of temporary outbuilding for storage. Additional detail as per Design Access and Heritage Statement. – Awaiting Decision	Did not com- ment	Granted
DC/23/02104 - Giffords Hall, Hartest Hill, Shimpling, Bury St Edmunds Suffolk IP29 4EX - Listed Building Consent - Conversion of existing garage to ancillary accommodation, replacement roof and new glazed frames to existing conservatory, and internal alterations – Awaiting Decision	Did not com- ment	Granted
DC/23/02103 - Giffords Hall, Hartest Hill, Shimpling, Bury St Edmunds Suffolk IP29 4EX - Householder Application - Conversion of existing garage to ancillary accommodation, replacement roof and new glazed frames to existing conservatory (amended scheme to DC/22/00672) – Awaiting Decision	Did not com-ment	Granted

DC/23/02958 - Laburinthos Cottage, Bury Road, Shimpling (part In The Parish Of Alpheton), Bury St Ed- munds Suffolk IP30 0JJ - Full Plan- ning Application - Erection of de- tached annex for family members (following demolition of outbuilding/s) (re-submission of withdrawn applica- tion DC/23/00095) — awaiting decision	Did not com- ment	Granted
DC/23/04046 2 West View Gents Lane Shimpling Bury St Edmunds Suffolk IP29 4HP - Application for a Lawful Development Certificate for a Proposed Use or Development Town and Country Planning Act 1990 (as amended) - Install an air source heat pump in the rear garden, and erection of front porch extension with rendered finish and pitched roof	Did not com- ment	Granted
DC/23/04460 Gardeners Cottage Thorne Court Shimpling Road Shimpling Bury St Edmunds Suffolk IP30 0J - Application for works to Tree subject to Tree Preservation Order WS280/A1 - Reduce overall crown of 1 x Ash tree (T1) by 4m to reduce dominance of the tree and prevent branch failure	Did not com- ment	Granted



Little Saplings Preschool opening in Lawshall 2024.

We have recently been given a great opportunity to take over the old preschool building and create a new setting run by a new, well experienced manager and an

enthusiastic committee. Within our family focused, friendly environment we look forward to welcoming you and your children on this exciting journey.

Little Saplings strives to provide children with engaging, nurturing activities which will be enhanced through the building of excellent community relationships such as the gardening club and the community woodland. Alongside our day to day activities, on a regular basis we will also offer therapeutic experiences to name a few: cooking, meditation, yoga, dance, and forest fun.

Little Saplings will be situated on the primary school site and will run preschool sessions from 8:30-11:30, lunch from 11:30-12:30 and then an afternoon session 12:30-3:30. In addition we are also looking into the possibility of offering a breakfast club from 7:30 and a stay late club until 5:30.

Any enquires please contact us on littlesaplingslawshall@hotmail.co.uk

LITTLE SAPLINGS Needs your help!

Who are we?

Little Saplings is an up and coming pre-school nestled in the heart of Lawshall. With a emphasis on building community links, working closely with families and sparking learning within the tiniest members of the community.

As it takes root in the community, Little Saplings promises to be a place where young children can grow, learn, and flourish, while also reinforcing the strong sense of togetherness that characterizes Lawshall.



How can you help?

To make this vision a reality, we're reaching out to our wonderful community for support. We've set up a GoFundMe page, and we kindly ask for your help to ensure every child's experience at Little Saplings is nothing short of magical. Your contribution, big or small, will go a long way in providing opportunities for children to thrive. Join us in planting the seeds of a brighter future for our Little Saplings by visiting our GoFundMe page.



Scan here to give to our GoFundMe page



Look our for out local fundraisers on our facebook page

Little saplings facebook page link here



THE HALLIFAX TRUST

A locally based charity providing grants to students under the age of 25 receiving further education at colleges or universities or undergoing formal training for a profession or vocation. These are non-means tested. To qualify students must simply have parents living in Shimpling or alternatively have in the past attended Lawshall School whilst their parents were living in Shimpling.

Funding is additionally available for other school and village projects. Applications from students for funding for the forthcoming academic year must be received by 30th September.

HELP US TO HELP OUR CHILDREN

We have recently received a small number of donations to the Charity for which we are extremely grateful. Please consider whether you could help with a donation or a legacy. These are tough times for students and the more funds we have the more we can help.

For grants or donations contact: hallifaxtrust@gmail.com

Claire Wilson 01284 830574 or Jenny Pine 01284 827073 Hallifax Educational Trust is a Registered Charity No.310396

Useful numbers in case of Crime around the Villages

Non Emergency Police 101 Crimestoppers 0800 555 111



REFLECTION – Thankyou Northampton!

When I go on residential training courses I normally chuck in my running kit. Whilst padding the pavements of a rainy Northampton recently, I had no option but to walk into a vets which had opportunely appeared. Wearing my damp running gear, and in earshot of all, I urgently asked to use the facilities! On emerging, all eyes in the waiting room inevitably turned to me. What would you do? I found myself raising my hands in the air and, as if I were a pop star addressing Wembley, proclaimed: 'Thankyou Northampton!'

However, as I swiftly made my exit with a chuckle, I noticed something that took me aback. On the reception desk was a candle with a sign. When the candle was lit those present were asked to be sensitive to the fact that someone was losing a much-loved pet. Thankfully for me the candle was not lit; but what a lovely thing to do. It reminded me of the candles that are lit every day in churches for much-loved people. As we approach the Christmas season let us spare a thought for the many who have lost a loved one; may they rest in peace and rise in glory. **Rev Lawson**

Note - we do not have a candle stand in Shimpling church, however we will have Lights of Remembrance on Alpheton Green on Sat 2^{nd} Dec at 3.30pm - a short service with carols, a reflection, and names of loved ones being read.



Alpheton & Shimpling Lights of Remembrance



Will be lit on Saturday 2nd Dec at 3.30pm

Short service on Alpheton Green

followed by refreshments
in Alpheton Village Hall
Lights will be lit in memory of loved ones

Please send names to:-Vicky on 07804 558 160

or email: chadbrookoffice@gmail.com

Last date for sending names in is November 30th





CHRISTMAS SERVICES

Sat 25th Nov Messy Church, Melford Village Hall 11.30-3.30pm part of the Melford Christmas Fayre

Sat 2nd Dec Lights of Remembrance, Alpheton Green

3.30pm remembering loved ones, refreshments after in Village Hall

Sat 2nd Christmas Tree Lighting, Lawshall

6.00pm Lawshall Village Hall

Sun 3rd Traditional Advent Carols, Melford

6.30pm choral service with readings & reflections

Sat 9th Shimpling Christmas Market

11-1pm festive fun & stalls, Shimpling Village Hall

Sat 9th Lights of Remembrance, Melford

6.30pm remembering loved ones, refreshments from 6.00pm

Sat 16th Beer & Carols at The Bush Shimpling (TBC)

evening more details coming soon

Sun 17th Alpheton Carol Service

4.00pm come and sing some well-known carols

Sun 17th **Melford Carol Service**

6.30pm come and sing some well-known carols

Fri 22nd Lawshall Carol Service

6.30pm come and sing some well-known carols

Sun 24th Crib Service, Melford

3.00pm family friendly service, nativity dress optional!

Sun 24th Shimpling Carol Service

6.00pm come and sing some well-known carols

Sun 24th Midnight Mass, Melford

10.45pm an atmospheric communion service

Mon 25th Family Christmas Communion, Melford

10.30am please bring presents to show!

Sun 21st Jan Communion, Shimpling Church 9.00am Sun 18th Feb Communion, Shimpling Church 9.00am

Church service are also at Holy Trinity Long Melford <u>every</u>
<u>Sunday at 10.30am</u> (Google 'Holy Trinity Melford
Facebook' for livestream)

For our 4 o'clock community with family friendly services and events almost every Sunday at 4.00pm, contact Nicky on chadbrooklightawave@gmail.com or 07938 681 319

For our toddler and youth groups, please contact Pam on 07890 880 976 or melfordfamilyworker@gmail.com.

For more details or info on any changes please call 07804 558160 or see www.longmelfordchurch.com

Rector: Rev'd Matthew Lawson 01787 310845 Churchwarden: Vacant

Church Contact: Charlotte Blyth 01284 828544

07939 194233

Copy for the Spring 2024 edition is required by 22nd May 2024 (A4 WORD or .PDF file please)
Sarah Smith—slsconsulting21@outlook.com
07774 116128

When advertising events please ensure there is a contact name with a landline number.

Please remember not everyone is on the Internet!!



CHRISTMAS MARKET

SATURDAY 9TH
DECEMBER
SHIMPLING
VILLAGE HALL
11-1PM

GET IN THE CHRISTMAS SPIRIT

An opportunity to purchase/collect your pre-ordered Christmas door wreath, home-made produce, enjoy a cup of coffee/tea and a mince pie.

Wreath order deadline - Sunday 3th December charlottefblyth@btinternet.com



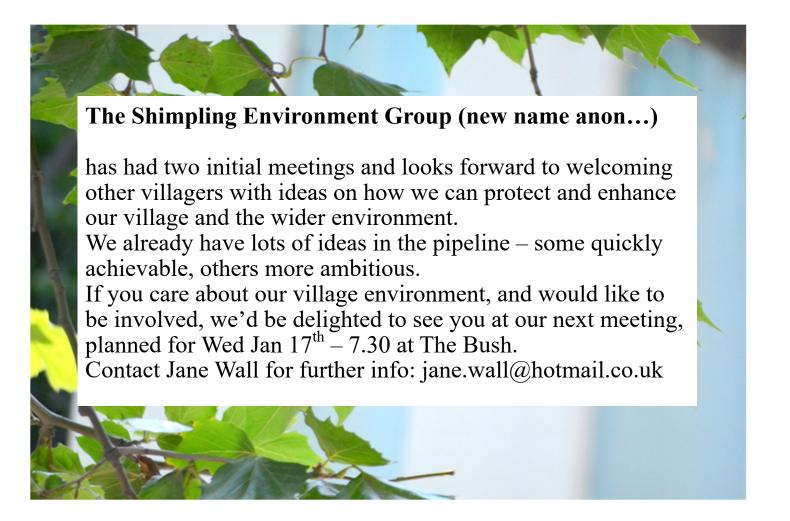
Grand Christmas Raffle in aid of Shimpling Stained Glass Window Fund Prizes of a food and chocolate hamper

> Tickets £2.50 each from lizbrunwin@hotmail.co.uk 07429 369202

We also have a selection of brand new toys (including Smiggle, drone, remote controlled cars etc) available for sale at very competitive prices

Proceeds in aid of Alpheton and Shimpling
Churches





FORTHCOMING CHANGES TO THE SHIMPLING NEWS

The Parish Council want to maintain The Shimpling News as a free publication to all village residents. However, with escalating costs, the newsletter will be scaled back a little from the Spring 2024 Edition onwards. Instead of an ever-expanding number of pages, this will become a fixed size publication. Advertising rates and sizes will be changing and all existing advertisers will be contacted with information about the new format and charges.

We hope you understand and appreciate these changes are necessary to maintain the newsletter.

If you wish to opt for reading the newsletter electronically that will also help with reducing the printing costs - please get in touch via slsconsulting21@outlook.com

SHIMPLING AND ALPHETON WI

At the meeting of 12th September 2023
Marion Argent President welcomed us all to
the meeting. She then introduced Paige
Pope our speaker for the evening. Paige
talked to us about the Dogs Trust. The trust



was founded in 1891 by Lady Gertrude Stock and was originally called the Canine Defence League. The first shelter opened in 1912 in Fulham and its main campaign then was for the welfare of dogs in circuses, music halls and the entertainment world. Later campaigns have included dog safety in cars and the wearing of harnesses. They now have 21 rehoming centres, the nearest to us being at Snetterton. The average stay for a dog is 5 -6 weeks but can be years for those who are hard to re-home. On average they take in 14,000 dogs a year and never put a dog down. All the dogs are checked by a vet, vaccinated, neutered and microchipped. They also arrange home visits and pre adoption talks. Snetterton opened in 1998 and last year rehomed 315 dogs. It costs £2,250 to care for and home a dog. At the meeting of 10th October Marion Argent, President, welcomed to the meeting Mandi Cox-Osborne who came to talk to us about her work with the Royal British Legion as the Poppy Appeal Manager for Suffolk. It is a busy time for this branch of RBL as in two weeks time it will be the beginning of the poppy appeal and volunteers all over the country will help raise millions of pounds to support the Armed Forces community.

Although we are all aware of the poppy appeal Mandi amazed us by telling how far their support network really goes. The RBL provide lifelong support to their serving and ex-serving personnel and their families with:

Physical & mental wellbeing
Financial and employment support
Care and independent living
Local community connections
Expert guidance

Mandi told us some of the stories of the difference RBL has made to peoples lives with support and care just within her area, to think this work is going on daily all over the world wherever service personnel and their families are stationed, is very humbling. The talk was enjoyed by all.

At the November meeting, Marion Argent President, introduced the Speaker for the evening, Derek Wilding, who came along to talk about the Suffolk Accident Rescue Service (SARS). It is an emergency medical charity run solely by volunteers that provides advanced pre-hospital medical care at the scene of serious trauma or life-threatening medical incidents throughout Suffolk and its border areas with Norfolk, Cambridgeshire and Essex.

The volunteer responders include Consultants in Emergency Medicine, Anaesthetists and Critical Care Paramedics who are able to carry out advanced procedures at the scene which would normally only be undertaken in a hospital environment. All SARS responders offer their services without cost to the patient, ambulance services or tax-payer. SARS receives no central government funding and relies on voluntary donations. Suffolk and the wider East Anglian region is predominantly rural with long distances between our hospitals. SARS volunteers are based in their local communities and can be the first medical resource on scene, a speed of response which can be crucial in a life-threatening situation.

It was a very interesting slide presentation by Derek and most of us were not aware of this service but it is definitely an organisation that is worth remembering for the future. Their website is: www.sars999.org.uk

January 9th 2024 - Shimpling Village Hall Sarah Clarke will give us a talk on "Suffolk Re-Cycling Centre"

Come along as a guest and have a taste of what the WI can offer you. For more information call Marion Argent, President on 01284 827074

Shimpling Village Hall Committee -

The Village Hall Committee meets every 8 weeks, to manage the hall and arrange events. Meeting minutes are available to read on the Village website http://shimplingpc.onesuffolk.net/village-hall/ You are welcome to join us and if willing to be a helping hand when we need it, please contact

Nathalie Brown - Chair - email: nbshimpling@gmail.com or

phone: 07961947497

or Carol Squire - Secretary - email: cksquire2020@gmail.com

or phone: 07855762812

EVENTS

As well as the regular weekly/ monthly sessions, three special events were organised.

Summer Rock & Roll Dance at Shimpling Park Farms Barns was a huge success and great fun even for those who didn't dance. So many people joining in the spirit of the event - getting dressed up and trying out their dance moves. Thanks to Hans from Rabbits at The Bush for kindly donating prizes for the raffle which was for the Stained Glass Window Repair Fund at St George's, Shimpling and a final thanks to the Pawseys for the use of their wonderful venue.

The results of the raffle were

FIRST PRIZE: 3 course meal for 2 at Rabbits at The Bush won by Paul and Jane Watson

SECOND PRIZE: Luxury hamper won by Arthur Holmes from

Shimpling

THIRD PRIZE: 6 bottles of wine won by Jenny Pine from

Shimpling

Thank you to everyone who purchased tickets as all funds went to the Church Stained Glass Window Repair Fund.



A SILVER RING WORKSHOP was held early October and participants had a wonderful time creating a ring of their choice. The results were a beautiful collection of jewellery.



Everyone was keen to do another workshop – the choices are bangles or earrings or pendants or another ring workshop. If you are interested and have a preference – please let us know and we will organise a workshop for 2024. Email: shimplingvh@gmail.com

October also saw the return of the ever-popular VERNON'S

QUIZ with nearly 60 people competing for the accolade of top team. Vernon and his support team (Gerry and Theresa) challenged the quizzers with questions on a wide range of topics designed to get everyone thinking. With brains fuelled by on site cooked fish and chips, Mary Tuffin's Team came from behind to grab first place and the prizes.

***HOT PRESS ***

The Annual Shimpling Celebrates Fun Day - 27th May 2024
Start thinking about building those carts ready for the cart race
and dust off the trainers for the road race. The Tug of War will
also be back by popular demand.

Children's activities planned: bouncy castle, climbing wall, axe throwing and archery, arts and crafts area, welly wanging – plenty to keep everyone entertained.

Refreshments will also be available. **SAVE THE DATE**

REGULAR AND COMING EVENTS:

Take a look at what is planned for 2023/4 in the village magazine, on our page on the "Your Hall" website https://yourhall.co.uk/hall/shimpling-village-hall/

Additional Events early 2024
Annual Pantomime – Robin Hood – first week of March

For bookings email: shimplingvh@gmail.com, or contact Carol Squire on 07855 762812

Hire Charges:

Shimpling & Chadacre residents & concession groups
£8 per hour

Other Hirers - £10 per hour

HARTEST AND DISTRICT GARDENING CLUB

We've had a busy autumn! A talk on Peonies at the beginning of September, followed by our Annual Show,



which again was a lovely event. Numbers were slightly down, but the quality was quite outstanding. Full sets of results and lots of pictures are on the Show page of the website as below.

How amazing it was to see the Institute full for the talk from Fergus Garrett, of Great Dixter Garden, at the end of September. There were representatives of Gardening Clubs from all over Suffolk – and even some from Essex! And they all said the journey was worth it to listen to such a passionate, knowledgeable and enthusiastic speaker. The talk - "Successional Planting for a Long Season" - was illustrated with pictures of the Long Border at Great Dixter, and although we cannot hope to copy this, he convinced us that we could all do smaller versions of it with the right plants, planning and a certain amount of trial and error! We hope to organise more "big name" speaker events. Our AGM was held in November, the Minutes and the

Our AGM was held in November, the Minutes and the Accounts are available on the Club website, as below. It was followed by an excellent talk and demonstration of Flower Arranging. Jenni Baker has attended Chelsea several times, as well as many other shows, and has won a Gold Medal. The tales of her journey to that pinnacle were so interesting and amusing, and the three arrangements she made while she was talking were astounding. They then became prizes in the raffle. She was one of the best speakers of the year. We look forward to more entries in the Floral Arrangement section of the Annual Show next year! The December meeting will take place on Monday 4th, when

our own Paul Woods will talk about his involvement with the "Tools with a Mission" charity. Members will bring food for a buffet, and of course the quiz will test our brain cells! This meeting will be free entry, with members being asked to make donations to the charity instead. Starting at 7.30pm as usual.

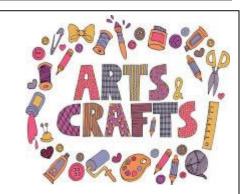
In January we have a talk on "Snowdrops" – very topical! – and in February the title is "Garden Visiting – why do we do it?"

For any queries about the Gardening Club, please email me on our new address –

hartestgardeningclub@gmail.com. Our website is www.hartestgardeningclub.info.

Geraldine Ross

CRAFT AFTERNOON held the last Friday of the month (except December) in Alpheton Village Hall from 2pm to 4pm. Bring along your craft or learn one, or just come along for a chat. Entrance fee £3 to cover hall hire and refreshments.



All enquiries - Ali Hughes, 01787 248302.

The Alpheton Film night is on the 2nd Monday of each month.

Dec. Monday 11th 'Downton Abbey, A New Era' (period drama) Mon. Jan.8th. Fisherman's Friends: One and All. (true drama) Mon. Jan. 29th. The Phantom of the Open.

Mon. Feb.12th. The Lost King. (true history drama)

Doors open 7pm for 7.30pm start. Admission price is £4 including tea/coffee & biscuits. The Bar will be open.



Mark's Follow The Sun Bike Ride.

Mark's bike ride raised a brilliant £620 for our village AED, which means we are in a healthier position to meet ongoing costs for insurance and new pads, both of which are due in November, plus enough to pay for new pads, in the event of the current ones being used. This amount is in addition to the £160 raised at the quiz, over the Coronation weekend. The ride set off from the Isle of Sheppey, on the east coast, at 4.45am with the aim of arriving at Weston Super Mare, on the west coast, by 9.30pm - sunrise to sunset. A distance of 205 miles. The route took in Kent, South London, Surrey, Berkshire, Hampshire, Wiltshire and Somerset. It was slow going around London, stopping for lunch after about 100 miles, in beautiful countryside.

The pace and terrain were good, until Wiltshire, which Mark described as 'lumpy', when after 165 miles, it started to hurt! However, the last 20 miles into Weston were downhill, with a descent into the beautiful Cheddar Gorge as the sun was going down.

Mark would like to thank all those kind enough to donate, helping to keep our defibrillator operational for some time to come. In turn, on behalf of us all, I would like to say a huge Thanks to Mark for his great effort in doing the ride to raise the funds. Well done Mark and hope you enjoyed the ride and weren't too saddle sore at the end of it all! Well done!

Marian Peck SAVE

SAVE

(Shimpling AED Village Enterprise)
As most people are aware the village has an AED located in a locked cabinet outside The Bush. The device is registered with the East of England Ambulance Service, who have the access code details.



In the event of an emergency, the precise location of the AED would need to be given, to enable the Ambulance Service to give the code. The location is

The Bush, The Street, Shimpling IP29 4HU

Please make a note of these details, as it could save time in gaining access.

If you require any further details, please contact me Marian Peck Chair, SAVE 01284 828187



Do you love reading, do you know that there is a Shimpling Book Group?

Please come and join us for fun laughter &

lively discussion

3rd Wednesday of the month at 7.30pm currently held at members houses

For more details please contact Gill- 01284 827085 or 07807 777110 gillygilly46@gmail.com



for naturally balanced health

Do you suffer from any of the following?

- Tired all the time
- · Frequent infections / illnesses
- Digestive issues / problems
- Irritable Bowel Syndrome
- · Hormonal or fertility issues
- Skin issues (eczema, rashes, psoriasis)
- Headaches / migraines
- · Neck and back pain
- Joint pain
- · Anxiety and depression
- · Fears and phobias

Kinesiology can help address the above and much more...

Message me or ring me to book in for a chat or a treatment.

Kerry Cook 07852 222 594

The Balance Project

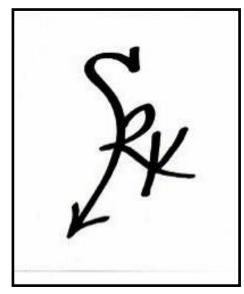
www.thebalanceproject.co.uk

could you foster?



Keeping in touch...

If you wish to receive email communication about what is going on in the village please email lizbrunwin@hotomail.co.uk who will add you to the circulation list.



STEVEN KENT M.A

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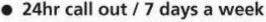
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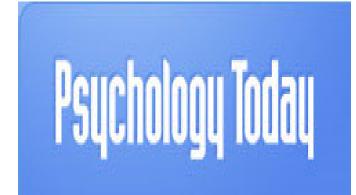
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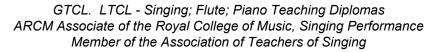
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ready for the day (washing, dressing etc.) and prepare meals. Taking and staying for appointments, enabling them to do their own shopping, visiting friends and loved ones or simply companionship. I can provide transport where necessary with the relevant insurance. Booking is flexible whether that be on a regular, occasional or one off basis.

Basic rate: £20 per hour, £12.50 half an hour

These rates will depend on location

DBS checked

Please email kerryd2dd@aol.com or call 07734 441288

RECYCLING

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plastering, tiling, ground works, landscaping, garden design and build, small extensions, and a small amount more.....

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Contact Chris Cornish on

Tel 01284 828809 - Mobile 07880 976137

c.cornish123@btinternet.com

Woodcot, The Street

SHIMPLING