

# Shimpling News

Winter 2022

Issue 131



Friday 25th November 2022 at 7.30pm  
Saturday 26<sup>th</sup> Nov 2022 at 3pm & 7.30pm  
Alpheton Village Hall

Adults £10  
Children £5  
(15 and Under)

Tickets available from :-

Julie Moss 01284 828507  
juliemoss1@btinternet.com

Sue Fahie-Wilson 01284 827243  
s.fahiewilson@gmail.com

## The Parish Council:

Mrs Liz Brunwin	01284 828122
Ms Katherine Haselhurst	01284 827370
Mr Gerry Shrimpton	01284 827219
Mrs Nathalie Brown	07961 947497
Mr David Dunkley	required
Vacancy	
Vacancy	

## Contact details for the Clerk are:

4 Park Farm Cottages, Brettenham, Suffolk, IP7 7QP

(Correspondence and Appointment only)

Email: [Shimplingpc@gmail.com](mailto:Shimplingpc@gmail.com) Telephone: 07940 223200

The Parish Council meet bi-monthly in January, March, May (AGM), July, September and November every year. Extra meetings may also be held throughout the year when required.

**Annual Parish Assembly** – Reports presented by the Council and local groups / charities / committees from within the parish. Members of the public can speak freely at this meeting in May, raise issues and ask questions relating to the reports.

**Annual Meeting of the Council (AGM)** – Each May, Election of officers of the council. Declarations of acceptance of office.

**Parish Council Meetings** – Council considers matters relating to finance, planning and the Parish. Additional extraordinary meetings are held when required.

**Dates of meetings:** Parish council meetings will be held at 7:30pm on the following dates;

Monday 21<sup>st</sup> November 2022 (*Change to 3<sup>rd</sup> Monday instead*

*of 2<sup>nd</sup> Monday)*

Monday 10<sup>th</sup> January 2023

Monday 13<sup>th</sup> March 2023

Monday 8<sup>th</sup> May 2023 – Annual Meeting of the Council  
(the AGM) and the Annual Meeting of the Parish (Annual  
Parish Assembly)

Monday 15<sup>th</sup> May 2023

Please note that these meetings will now be held at the  
Village Hall again. We are looking forward to welcoming  
you all back.

### **Parish Council Website and Social Media and Notice Boards**

You can find council information on the notice board by the  
bus stop in The Street. This is also circulated via our Village  
Round Robin System and posted on the Shimpling  
Community Facebook page. Alternatively, the village web site  
is regularly updated as well as our Facebook and Twitter  
account. Please follow us on Twitter and like our Facebook  
page:

Twitter: @shimplingpc

Facebook: Shimpling Parish Council

Website: <http://shimplingpc.onesuffolk.net>

### **Could you volunteer to help your Village?**

We need two new Parish Councillors to join our team. Parish  
Councillors do a worthwhile job ensuring that your voice is  
heard and overseeing work so that your village is kept  
looking good. If you would like to know more about  
becoming a Councillor then please get in touch with the  
Clerk or any of our wonderful Councillors.

**Report from our previous Chair, Gerry Shrimpton, at the meeting held on the 12<sup>th</sup> September:**

The Chair reported;

Over the last couple of months, we have seen the installation of our much-awaited bench at the end of Nigel's Way. Many thanks to Dave Barnbrook for his efforts in securely siting. We have also seen at last the installation of Wi-Fi in the village hall. However, on the downside we continue to be unsuccessful in obtaining agreement on the siting of the 'Quiet Lane' sign in Gents Lane despite repeated and unanswered correspondence with Keith Sampson Traffic Regulation Officer. Also, on the downside we regrettably accepted the resignation of Mike Atkins after about 4 years of valuable and conscientious service. His contribution will be greatly missed. but we look forward to his return when time and commitments allow. So, thanks Mike and we look forward to seeing you back in the not-too-distant future. Overshadowing everything is the sad passing of our Queen of the last 70 years I am sure the villagers of Shimpling will join the council in expressing our condolences to the Royal family for their loss and our gratitude for all she has contributed to our lives for the past seven decades.

### **Recycling**

Please remember that the Parish Council receives money from the paper (although not cardboard) glass, clothing and shoes deposited in the recycling bins near the Bush Inn. Clothing and shoes should be bagged before depositing in the clothing/shoe bank. This income helps to run the council and therefore is a direct benefit to the village. **Please keep recycling.**



## **What the Parish Council have been up to ...**

Over the last couple of months, we have:

Chased the signage for the Quiet Lanes status for Gents Lane.

The bench has been placed on the Village Green – our thanks to Dave Barnbrook for this.

Had some loose post round the playground fence sorted and straightened out.

Agreed tree planting for the Queens Platinum Jubilee which should be planted soon.

Agreed to resurface the Footpath from the end of Nigels way and turn left, up to the chicane and are awaiting these works to be completed.

There has been talks about renovations or extensions on the Village Hall and Villagers are welcome to come and have their say on this at our next meeting on 21<sup>st</sup> November.

There have also been discussions about more play equipment within the playground.

The PC purchased AV equipment for the Village Hall – hopefully this will get lots of use and bring in more revenue for the Hall.

## **Do you have new neighbours?**

For some time now, the Parish Council have been sending welcome letters with local information to new residents. If you have new neighbours, can you please let Katie Haselhurst [kh.shimpling@gmail.com](mailto:kh.shimpling@gmail.com) know so that she can organise a welcome letter.

**Shimpling WhatsApp Support Group**

This was set up at the start of COVID to support those in need but has developed into a good way of communicating with others in the village. Recently we were asked to relay an urgent message to a villager and were able to locate the person quickly using the WhatsApp Group. If you could like to join the group, please contact Katie Haselhurst [kh.shimpling@gmail.com](mailto:kh.shimpling@gmail.com).

## District Councillors

Our District Councillors usually attend each Parish Council meeting and can also be contacted as follows



Stephen Plumb 01787 280890  
[stephen.plumb@babergh.gov.uk](mailto:stephen.plumb@babergh.gov.uk)

Michael Holt  
01787 281712/07801 766813  
[michael.holt@babergh.gov.uk](mailto:michael.holt@babergh.gov.uk)



## Planning

<a href="#">Application</a>	Shimpling PC Comments	Planning Authority Decision
2 West View, Gents Lane, Shimpling, Bury St Edmunds Suffolk IP29 4HP - Householder Application - Erection of single storey side, rear and front extensions and front dormers (following demolition of existing garage)	Did not comment	Granted

<a href="#">Application</a>	Shimpling PC Comments	Planning Authority Decision
Land Opposite To Stone Cottages, Bury Road, Shimpling, Suffolk - Appeal - Application for a Lawful Development Certificate for an Existing Use or Operation or activity including those in breach of a planning condition. Town and Country Planning Act 1990: Section 191 as amended by section 10 of the Planning and Compensation Act 1991. Town and Country Planning (General Management Procedure) (England) Order 2015 - Conversion and use of former second world war building as a dwellinghouse	Did not comment	Appeal in Progress
Flint Barn Thorne Court Shimpling Road Shimpling Bury St Edmunds Suffolk - Discharge of Conditions Application Condition 1 (Detailed Photographic Recording), Condition 4 (Electric Vehicle Charging) and Condition 5 (Cycle Storage)	Did not comment	Granted
Aveley House Aveley Lane Shimpling Part In The Parish Of Alpheton IP29 4HB - Planning Application - Erection of 1No detached holiday let	Did not comment	Appeal Valid
Gatefields Farm, Stanstead Road, Shimpling Bury St Edmunds Suf-	Did not comment	Granted

<a href="#">Application</a>	Shimpling PC Com- ments	Planning Authority Decision
Gatefields Farm, Stanstead Road, Shimpling, Bury St Edmunds Suffolk IP29 4HD - Erection of steel-framed cart-lodge for the storage of vintage tractors and cars; also change of roof materials to clay tile-effect sheet, installation of doors to the front and shortening and reposition- ing of building as per submitted drawings. Reference to new draw- ings to be included in Condition 2 of DC/20/02127	Did not comment	Granted



**recycle**

Your real  
Christmas Tree in  
Shimpling, next to  
The Bush Inn

Trees can be left at the collection point between Thursday 5th January  
and Sunday 8th January,  
Collection will be made from 6.30am on Monday 9th January

Mid Suffolk  
DISTRICT

BABERGH  
DISTRICT COUNCIL  
SOUTH SUFFOLK

Working in Partnership

Please call 0845 606 6045 for further details





## Do something badly!

I commonly hear people say that if something needs doing, do it well. Those of us who are a bit driven, or who are perfectionists, might relate to this approach. But I was taken aback the other day to hear someone advise that if something needs doing ... do it badly! The point is that if something needs doing, it is better to have a go than not to do it at all. For example, it is better to plough into a conversation not knowing someone's name than not to have a conversation. It is better to snatch a quick cup of tea with a friend at a railways station than not to meet them at all. This is not an excuse for perpetual sloppiness or being inconsiderate, but it recognises that in an imperfect world, doing *something* is better than doing *nothing*. Indeed, I often find that in God's grace, he transforms my 'bad(ly)' into something 'good' ... something that God rather likes doing.

## Feed your soul this Christmas

Families are under pressure, there is political and economic uncertainty, and many are mourning loved ones. "Emmanuel" means "God with us". Do join us this Christmas to hear God's story of hope and love in these challenging times.

Matthew





## Church Services

### November

Sun 13 <sup>th</sup>	9.00am	Alpheton	Remembrance Service
	10.50am	Melford	Remembrance Service
Sun 20 <sup>th</sup>	<u>12.00pm</u>	Shimpling	Communion with Baptism
	4.00pm	Melford #	Shine Informal Service
Sat 26 <sup>th</sup>	all day	Melford #	Messy Church at Christmas Fayre
Wed 30 <sup>th</sup>	10.30am	Lawshall	Midweek Communion

### December

Sun 4 <sup>th</sup>	4.00pm	Alpheton Church	Lights of Remembrance
Sun 4 <sup>th</sup>	6.30pm	Melford	Traditional Advent Carols
Sun 11 <sup>th</sup>	4.00pm	Lawshall #	Messy Christmas
Sun 18 <sup>th</sup>	9.00am	Shimpling	Communion
Sun 18 <sup>th</sup>	4.00pm	Alpheton	Carol Service
Fri 23 <sup>rd</sup>	6.30pm	Lawshall	Carol Service
Sat 24 <sup>th</sup>	3.00pm	Melford	Crib Service
Sat 24 <sup>th</sup>	6.00pm	Shimpling	Carol Service
Sat 24 <sup>th</sup>	10.30pm	Melford	Midnight Mass
Sun 25 <sup>th</sup>	10.30am	Melford	Family Communion

*... and at Holy Trinity Long Melford every Sunday at 10.30am (Google 'Holy Trinity Long Melford Facebook' for livestream)*



# For our 4 o'clock community with family friendly events almost every Sunday at 4.00pm, contact Nicky on 07938 681 319 or [chadbrooklightawave@gmail.com](mailto:chadbrooklightawave@gmail.com)

For our toddler and youth groups, please contact Pam on 07890 880 976 or [melfordfamilyworker@gmail.com](mailto:melfordfamilyworker@gmail.com)

For more details or info on any changes please call 07804 558160 or see [www.alpheton&shimplingchurches.org.uk](http://www.alpheton&shimplingchurches.org.uk) or [www.longmelfordchurch.com](http://www.longmelfordchurch.com)

For details / enquiries please contact

[chadbrookoffice@gmail.com](mailto:chadbrookoffice@gmail.com) or call 07804 558 160

Rector: Rev'd Matthew Lawson 01787 310845

Churchwarden: Vacant

Church Contact : Charlotte Blyth 01284 828544  
07939 194233

The Alpheton Film night has started up again on the 2nd **Monday** of each month. The dates & films are as follows:

Monday Dec 12th **LAST CHRISTMAS** Romcom starring Emilia Clarke, Emma Thompson

Monday Jan 9th **EMMA** Period drama starring Anya Taylor-Joy, Bill Nighy

Monday Feb 13th **DREAM HORSE** True Drama starring Toni Collette, Damien Lewis

Monday Mar 13th **FISHERMANS FRIENDS** True Drama starring Daniel Mays, James Purfoy

Doors open 7pm for 7.30pm start. Admission price is £4 including tea/coffee & biscuits. The Bar will be open.

## SHIMPLING AND ALPHETON WI



### Meeting 13/09/22

Steph Eady President, welcomed us all to the meeting, then introduced our Speaker for the evening Sharon Rees. Sharon started by telling us the history of the skin care company Tropic. All the products are made from natural plant materials, the majority of them being organic. 10% of the companies profits go to charity either to promote children's education overseas or the Trussell Trust in the UK. We then all tried a variety of products and Sharon finished by giving one of our members a facial. A vote of thanks was given by Sue Tatum.

### Meeting 11/10/22

Steph Eady President, opened the meeting and welcomed our Speaker for the evening, Kala Nobbs from Riding for the Disabled. Kala is a volunteer at the Centre based at Barrow Hall Stables, Bury St Edmunds. Kala proceeded to give us a talk together with a slide show of all the different activities with ponies enjoyed by adults and children with various disabilities, supported by the volunteers.

We saw photos of Downs Syndrome youngsters in the early days of their therapy where they needed full support to sit on the ponies and later shots of them riding full of confidence with an improvement in their communication skills, wonderful to see and tribute to the long hours and dedication of the volunteers.

Kala brought along Andrea, an adult who explained how riding had helped her to recover from a life threatening illness and given a meaning to her life again.



RDA relies heavily on volunteers, who are needed to give support to all the disabled riders at an annual cost of almost £10,000. All donations are always appreciated.

### Meeting 8/11/2022

This was a special meeting of the Shimpling and Alpheton WI as it was an Open evening where members of the public, husbands or partners were welcomed to enjoy an evening of entertainment.

Steph Eady, President, welcomed all comers and introduced the entertainment for the evening, Barrie and Pete, a twosome who were bringing back lovely memories for most of the audience by singing songs from the early 50's, 60's and 70's. They have been friends since school days and both enjoyed this genre of music, so after several years playing in different groups, they decided to get together and what a great decision that was! Their singing and guitar/keyboard skills were wonderful and we were all encouraged to join in the singing and there was a lot of toe tapping going on. Here are a few of the songs that they sang for us.

Rick Nelson - Hello Mary Sue

Billy Fury - Half way to Paradise

Bobby Darren - Dream Lover

Marty Wilde - Why must I be a Teenager in love?

Peter, Paul and Mary - Leaving on a Jet Plane

Eddie Cochran - Come On Everybody

Dione & the Bellmonts - Keep away from Run Around Sue

Neil Diamond wrote this song but never released it as a single but lots of people have done so since. Including UB40 - Red, Red Wine

Joe Brown - A Picture of You  
Dean Martin - Memories are Made of This  
Van Morrison - Brown Eyed Girl  
Drifters - Under the Boardwalk  
Dave Edmunds - I Hear you Knocking but you can't Come In  
and finally an Elvis Presley classic - Don't Be Cruel

This was a wonderful evening enjoyed by all and we look forward to welcoming the boys back in the future.

Jean Treharne  
WI Committee Member

Meetings are held on the second Tuesday of each month  
at either Shimpling Village Hall or Alpheton Village Hall  
starting at 7:30 pm

Here are the speakers for the next three months.

December 13<sup>th</sup> 2022 - Shimpling Village Hall  
“Social Evening”

January 10<sup>th</sup> 2023 - Shimpling Village Hall  
“Trinity House” with Karl Lumbers

February 14<sup>th</sup> 2023 - Shimpling Village Hall  
“Time Goes By” with John Saunders

Come along as a guest and have a taste of what the WI can offer you. For more information phone:

Steph Eady, President,  
01284 828848

## SHIMPLING VILLAGE HALL COMMITTEE

The Village Hall Committee meets approximately every 6-8 weeks, to arrange events and help to keep our hall a well maintained and friendly place to visit. New committee members are always welcome to help with new ideas and getting more done. After all many hands do make light work. If you would like to join us or are willing to be a helping hand when we need it, please do contact Nathalie Brown - Chair - email: [beautybynathalie@icloud.com](mailto:beautybynathalie@icloud.com), phone: 07961947497 or Carol Squire - Secretary - email: [cksquire2020@gmail.com](mailto:cksquire2020@gmail.com), phone: 07855762812 Our early Autumn meeting was held on the 3rd October and we are pleased to let you know there has been progress in improving potential usage of the hall. Our entry on the "Your Hall" website has been updated with some fab photos of this years events and the new simplified charging scheme added. £8 per hour for villagers and £10 per hour for other users. Please take a look and if you have any more photos or ideas on how to improve it do let us know. <https://yourhall.co.uk/hall/shimpling-village-hall/> The Village Hall also now has wifi, and AV equipment is hoped to be installed by Christmas which will again widen the potential uses of the hall.

**Future events** We are also delighted that new weekly **Zumba Gold** sessions have started on Fridays at 1pm and participants are enjoying the classes enormously. Weekly **Pilates** sessions have also started on Mondays at 11.15am in term times - mats are available from the tutor There is room for a few more at these classes so come and join in the fun. We hope to have an evening Pilates class start in the new year for those of you who are busy during the day. Some of the gentlemen of the village have also started to use the hall for a **Table Tennis** evening on Fridays - 7.30pm - bring your own refreshments, a bat and join in - skill level unimportant. It's great to have the

hall in regular use and if anyone has ideas for additional sessions please do let us know. After the excellent Jubilee celebrations, the committee agreed that holding some Christmas events would top off the year. • **Christmas Pantomime** - Jack and the Bean Stalk - on the 25/26th November in the Alpheton Village Hall • **Christmas Market** on the 10th December 11am - 1pm • **Village Family Christmas Celebration** on the 17th December starting at 6pm for family fun. Santa and his elf have been asked to come so its last chance for special requests for Christmas. Refreshments will be available but if you wish - do bring your own. • Put on your Christmas jumpers or outfits and join us for mulled wine and mince pies from 8pm. There will be a prize for the best jumper or outfit and a raffle for great prizes. Tickets - £5 per ticket (children under 14 are free) We are limited to 60 tickets so buy early to avoid disappointment - by 30th November. In the new year - on the 14th January 2023 the **Shanty Folk** will entertain in the Shimpling Village Hall and you can also enjoy a Fish and Chip supper. Fees to be given to the RNLI. Please save the dates in your diaries and join in the fun. For Hall bookings: [shimplingvh@gmail.com](mailto:shimplingvh@gmail.com), Marian Peck on Facebook messenger, or 01284 828187

## Village Hall Hire Charges

Shimpling Residents and concession groups —£8 per hour, £10 per hour for other hirers.

**Hire Enquiries – Contact Marian on 01284 828187, [shimplingvh@gmail.com](mailto:shimplingvh@gmail.com)**





# Shimpling Village Hall Christmas Event

**Saturday 17th December  
6-10.30pm**

6-8pm - Santa and his Elf  
Join the families at the  
Children's Christmas Party  
for party food and games !

8-10.30pm Mince Pies  
Nibbles &  
Mulled Wine for everyone



Don't forget to wear your  
Christmas Jumpers or  
Christmas Outfit



**Great Prize for the best turned out resident !**

£5 per person, under 14's go free

Book early to avoid disappointment—maximum of 60  
places

RSVP to Marian on 01284 828187

And please provide number of children and their ages

## HARTEST AND DISTRICT GARDENING CLUB

Our Annual Show in September was, despite our worries, really very good. Admittedly, the vegetables weren't perhaps to

the normal standard, but fruit and flowers were outstanding, and the floral arrangements, produce and cookery, handicraft and school sections made for a stunning display. Full results and photographs are on our website,

[www.hartestgardeningclub.info](http://www.hartestgardeningclub.info).

The speakers over the last three months have also been excellent. Colin Ward came with a whole load of plants as examples of his Best Plants for Autumn. He didn't leave with as many! Ruth Goudy gave a fascinating talk in October, about her families story on their farm at Kesgrave, and how they have all had to adapt over the last three generations. At the November meeting our speaker was Darren Lerigo, who gave us some fresh ideas for alternative plants for our borders, and guidance on compost and snails.

We also had our AGM at this meeting, when the exciting programme for 2023 was revealed! Again, full details of this are on the website, but in January we will have Simon White, from Peter Beales Roses at Attleborough, who will tell us all about "Rose Growing Made Easy". He has 39 years experience, so it will be a useful and informative talk from an expert in his field. And in February, Lucy Skellorn will speak about her great-great-grandfather, Sir Michael Foster, and the collection she has formed of the irises that he bred.

The meetings start at 7.30pm in the Institute Hall on Hartest Green. The entry fee is £2.50 for members, £5 for visitors,



which includes light refreshments. If you have any questions about the club in general, or the show, please contact me, either via email on [gross7702@gmail.com](mailto:gross7702@gmail.com), or by phone on 01787 280134. Our website, with the most up-to-date information and the schedule for the Annual Show, is [www.hartestgardeningclub.info](http://www.hartestgardeningclub.info).

**Geraldine Ross**

### **THE HALLIFAX TRUST**

A locally based charity providing grants to students under the age of 25 receiving further education at colleges or universities or undergoing formal training for a profession or vocation. These are non-means tested. To qualify students must simply have parents living in Shimpling or alternatively have in the past attended Lawshall School whilst their parents were living in Shimpling.

Funding is additionally available for other school and village projects.

### **HELP US TO HELP OUR CHILDREN**

We have recently received a small number of donations to the Charity for which we are extremely grateful. Please consider whether you could help with a donation or a legacy. These are tough times for students and the more funds we have the more we can help.

For grants or donations contact:

[hallifaxtrust@gmail.com](mailto:hallifaxtrust@gmail.com)

Claire Wilson 01284 830574 or Jenny Pine 01284 827073

Hallifax Educational Trust is a Registered Charity No.310396

# **SAVE**

(Shimpling AED Village Enterprise)

As most people are aware the village has an AED located in a locked cabinet outside The Bush. The device is registered with the East of England Ambulance Service, who have the access code details.



In the event of an emergency, the precise location of the AED would need to be given, to enable the Ambulance Service to give the code. The location is

**The Bush, The Street, Shimpling IP29 4HU**

Please make a note of these details, as it could save time in gaining access.

If you require any further details, please contact me  
Marian Peck Chair, SAVE  
01284 828187

**Copy for the Spring 2023 edition is required by 22nd  
February 2023 (A4 WORD or .PDF file please)  
Sarah Smith—slsconsulting21@outlook.com  
07774 116128**

**When advertising events please ensure there is a  
contact name with a landline number.  
Please remember not everyone is on the Internet !!**



**THERE IS NOW A PAPER & CARD BANK WHICH IS EMPTIED BY BABERGH - PLEASE DO NOT PUT CARDBOARD IN IT!**

**CLOTHING BANK**

Shimpling has a Clothing & Shoes Bank alongside the Bottle Bank, please make sure that you bag your items in a bag that fits the chute !

**BOTTLE BANK**

By placing your empty bottles in the bins provided near The Bush Pub, we receive money for the village community. Keep these telephone numbers handy so that if the Banks are full you can help by phoning and having them emptied.

**BOTTLE BANK— 0344 880 7700**  
**CLOTHING BANK—08000 902 321**

**Do you love reading, do you know that there is a Shimpling Book Group ?**



Please come and join us for fun laughter & lively discussion  
3<sup>rd</sup> Wednesday of the month at 7.30pm currently held at members houses

For more details please contact  
Gill- 01284 827085 or 07807777110  
gillygilly46@gmail.com



## THE PARISH OF ALPHETON AND SHIMPLINGTHORNE

**Thank you sponsors and supporters for helping us to have another memorable Church Fete at Chadacre....**

### ► SHIMPLING AND ALPHETON

Church Fete: The Chadacre Estate provided a perfect backdrop for a traditional village fete and the organisers are very grateful to the owners for their continued support of this popular community event. 'Angels Delight' Celtic Harp and Flute Duo Anne Chorley and Adrian Ellis greeted visitors as they arrived in the sunshine. They were followed by Long Melford Silver Band and despite their rousing rendition of 'Bring me Sunshine' dark clouds gathered. However, tea and cake continued to flow from the cricket pavilion, and the showers did not 'stop play'. The programme of events also included two performances from Bury Fair Morris Dancers and Musicians. Parents were keen to give their children a taste of the fun they had at the annual fete when they were growing up. Old favourites such as 'bowling for the pig' are still popular even if the prize is a pound of sausages rather than a pig as it might have been in the 1960's. The 25ft climbing wall supplied by Abbeyscroft Leisure provided a new opportunity for youngsters to try a more exciting challenge. Tractor and trailer rides around the estate were another highlight. The entertainment and activities were all made possible by the generous support of Shimpling and Alpheton businesses. The Rev Matthew Lawson thanked the fete team for raising £3,500 as well as giving a chance for people to get to know this lovely part of West Suffolk, and the people who live and work there.



**From Matthew & The PCC Fete team**

**Proceeds in aid of Shimpling and Alpheton Churches**  
**[www.alphetonandshimplingchurches.org.uk](http://www.alphetonandshimplingchurches.org.uk)**







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- Digestive issues / problems
- Irritable Bowel Syndrome
- Hormonal or fertility issues
- Skin issues (eczema, rashes, psoriasis)
- Headaches / migraines
- Neck and back pain
- Joint pain
- Anxiety and depression
- Fears and phobias

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Kerry Cook 07852 222 594

The Balance Project

[www.thebalanceproject.co.uk](http://www.thebalanceproject.co.uk)



# could you foster?



we urgently need  
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Call us on 0800 389 0143

Visit us at [www.nexusfostering.co.uk](http://www.nexusfostering.co.uk)

## Keeping in touch...

*If you wish to receive email communication about what is going on in the village please email [lizbrunwin@hotmail.co.uk](mailto:lizbrunwin@hotmail.co.uk) who will add you to the circulation list.*



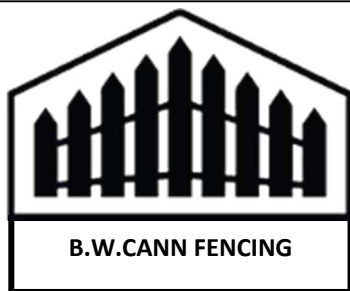
**STEVEN KENT M.A**  
Fine Artist

Tel: 01284 828836

Mob: 07815 455 268

Email: [skart@hotmail.co.uk](mailto:skart@hotmail.co.uk)

[www.stevenkentartist.com](http://www.stevenkentartist.com)



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# Hartest Farm and Craft Market



Saturday 3rd December  
10-12.30—Hartest Institute

Local produce & Crafts. Light Refreshments available !

For more information contact Judy Stevens  
01284 830551 judystevens25@gmail.com

## PEST PROBLEMS SOLVED BY LOCAL SPECIALIST

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# Chiropodist

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(Alpheton)

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- Caring service tailored to your individual needs
- Expert advice
- Experienced with additional nursing qualification

*If you are unsure as to whether chiropody is for you, please do not hesitate to contact me.*

## Elizabeth Gibson

**MSSCh MBChA**

Health & Care Professions  
Council Registered  
• Reg. No. CH20192



## CLINIC

**Casabella**

Hall St. Long Melford  
CO10 9HY

T: 01787 370300

## HOME VISITING PRACTICE

Long Melford, Sudbury, Clare  
& surrounding villages.

T: 01284 827380 M: 07798 806184

# **Counselling and Psychotherapy Services** **with Natalie Wiggins MBACP BA (Hons)**

**QUALIFIED, REGISTERED INTEGRATIVE  
COUNSELLOR**

**APPOINTMENTS ONLINE, PHONE, AND FACE TO  
FACE IN SUDBURY AND SHIMPLING.**

*Trained and experienced in a variety of methods of  
counselling, covering a range of emotional, relational and  
trauma issues for tailor-made counselling as individual as  
you are. Enquiries welcome, initial no-obligation  
consultations available to discuss your needs. Please contact  
me: [talktonatalie@outlook.com](mailto:talktonatalie@outlook.com)*

*or call/text 07415 957080*



**bacp**

British Association for  
Counselling & Psychotherapy



# R&Z Electrical



All Aspects of Electrical Works Undertaken

Extra Sockets / Lights

Full / Part Rewires

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[rz.electricalservices@gmail.com](mailto:rz.electricalservices@gmail.com)



Anthony - 07801990584





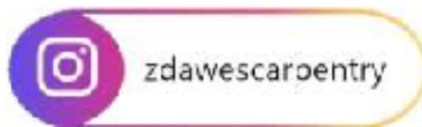
## Z Dawes Carpentry

Zak Dawes

07930398003

[zakdawes@googlemail.com](mailto:zakdawes@googlemail.com)

- Skirting & Architraves
- Door Hanging
- Door liners
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- Media Walls



- Bespoke Units
- Bespoke Wardrobes
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Please feel free to contact me for any quotes

# ***Marquee for Shimpling***

*The Marquee 20ft x 40ft (6.1m x 12.2m)  
is available for loan to  
anyone in the village of Shimpling for functions  
**free of charge.***



*Please note the Marquee can be erected on **Soft Ground** not hard ground . **Installation Instructions and list of parts are available.**  
**Volunteers are sought to help erect/dismantle the Marquee free of charge for communal events** such as the Church, Village Hall, Pub, Fêtes, etc*

*Please contact [gabriel@clara.net](mailto:gabriel@clara.net) at Thatch End to book the Marquee.*





# LAWSHALL VILLAGE HALL MARKET



**Community Café every  
Wednesday**

**11.00—1.00pm**

Serving take away  
hot drinks & cakes

**Meat & Greet (1st Wednesday of the Month)**

Fresh Meat

Free Range Chicken & Pork

Meat Seasonings from around the World

**Bakery items from**

The Friendly Loaf at Nowton

Please order via Wendy

or Lawshall Facebook page

**Third Wednesday of the Month:-**

ECO Refill Shop

**Contact Wendy Harris**

[grandmacoe@yahoo.co.uk](mailto:grandmacoe@yahoo.co.uk)



# POTTY ABOUT PLANTS?

Visit our garden centre and  
coffee shop in Sudbury



  
**Perrywood**  
[www.perrywoodsudbury.co.uk](http://www.perrywoodsudbury.co.uk)



# ***Singing Flute, Piano***

*(Also Celtic Harp, Violin, Ukulele, Guitar and Viola)*

***Lessons in Shimpling Suffolk  
Also Online Zoom lessons***



*Qualified, experienced, patient and enthusiastic teacher with CD recording facility*

***Beginners to professionals welcome  
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***Gift Tokens Available***



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07760 238462***

***[www.musicteachers.co.uk](http://www.musicteachers.co.uk)***



*GTCL. LTCL - Singing; Flute; Piano Teaching Diplomas  
ARCM Associate of the Royal College of Music, Singing Performance  
Member of the Association of Teachers of Singing*

## **Electronic Version of The Shimpling News**

If you would prefer to receive an email informing you when the latest issue is available online, rather than have a printed copy delivered to your door please let me know  
**[slsconsulting21@outlook.com](mailto:slsconsulting21@outlook.com)**  
to register for notifications





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# Pilates Classes

Lawshall Village Hall



Tuesdays 10am – 11am

Suitable for all levels

**Pilates** - A functional fitness method that:

- Emphasises Core Stability
- Strengthens Muscles
- Encourages Good Posture & Alignment
- Improves Flexibility & Increases Range of Movement in the Joints

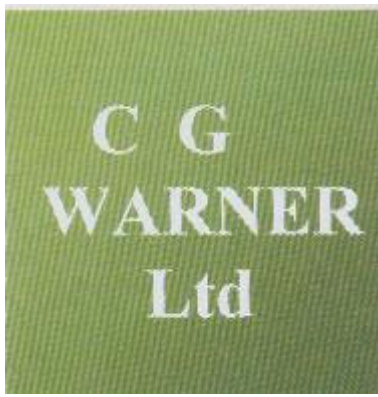


Contact Lindsay to enquire

[lindsaybennett@btinternet.com](mailto:lindsaybennett@btinternet.com)

or text/call 07827323711





## ***DOMESTIC & COMMERCIAL CONTRACTING***

**1 Cordell Cottages,  
Little Chadacre, Shimpling,  
Bury St Edmunds,  
Suffolk IP29 4HL**

**Tel 01284 828774 Mobile 07971 248320**

**Email: [cgwarner@btinternet.com](mailto:cgwarner@btinternet.com)**

- Hard & Soft Landscaping
- Patios & Driveways
- All types of Domestic, Agricultural & Commercial Fencing
- Seasonal Hedge / Garden Maintenance



- Ménage Construction
- Supply & Installation of Grass reinforcement matting
- Lawnmower servicing & repairs
- Grass Cutting
- Paddock Maintenance

- Stump removal
- Firewood
- NPTC qualified Tree Surgeons
- Woodland Management
- Tree / Hedge Planting



***Fully Insured***

***40 years + experience***

***FREE NO OBLIGATION QUOTES***



# *Oakwood Gardening Services*

**Based in Shimpling**

All work undertaken, including, lawn cutting, hedge cutting, strimming, pruning, weeding, garden clearance, leaf clearing, furniture maintenance, power washing, fence repairs, grave tending and much, much more!

## **High Standard Reliable Gardening Service**

For a Free Quote

Call today on



01284 827 604 | 07903 487 662



[oakwoodgardening@gmail.com](mailto:oakwoodgardening@gmail.com)



[www.oakwoodgardeningsservices.co.uk](http://www.oakwoodgardeningsservices.co.uk)



Oakwood Gardening Services

Fully insured | Enviroment Agency waste carriers licence



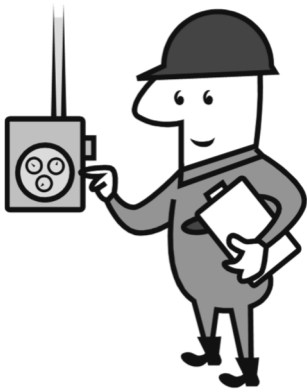


# Beauty by Nathalie

Facials, Waxing, Manicure,  
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So treat yourself and  
book an appointment !

Call Nathalie  
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(Shimpling)



## **Domestic, Commercial & Agricultural Electrical Work Undertaken**

Including rewires, new builds, extensions,  
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testing and inspection for insurance purposes,  
smoke detectors, TV & phone points, outside  
lighting, low energy & LED lighting, Burglar alarms supplied  
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Part P recognised, 17<sup>th</sup> Edition Regulations qualified

All work guaranteed by the ECA

For competitive rates, a personal service and  
good quality workmanship contact:

### **Kevin Seggie Electrical Services**

Beechwood Cottage, Bury Road, Lawshall, IP29 4PJ  
01284 830786 / 07768 108157

## **HAPPY TO HELP** Garden Services



Call David on 01284 828127



We are two brothers who are passionate about the work we do, to please all with the quality of work and skill we provide, we are only happy if the customer is happy. Between us both we have extended experience in the building trade, we have worked in the past with a small building company building high quality and top spec houses, with over 15 years of experience and employment, (which we were very grateful for) we decided the time was only right to please others under our own name of Reynolds Building & Garden Services.....

These are a few of the services we provided,



plastering, tiling, ground works, landscaping, garden design and build, small extensions, and a small amount more.....

View our portfolio at [www.Reynoldsbgs.co.uk](http://www.Reynoldsbgs.co.uk)

Contact us on; Mobile 07731451209

Office 01284 828621

# Woodcot

## *Garden Services*

**Lawn Cutting  
Hedge Trimming  
Patio Cleaning  
Garden Clearance  
&**

**General Garden Maintenance**

**Contact Chris Cornish on**

**Tel 01284 828809 - Mobile 07880 976137**

**c.cornish123@btinternet.com**

**Woodcot, The Street**

**SHIMPLING**





## USEFUL VILLAGE CONTACTS AND INFORMATION

Shimpling Parish Council—see Page 2

County Cllr—Richard Kemp 01787 378149

Shimpling Village Hall— Chair Marian Peck 01284 828187

St George's Church—Rev'd Matthew Lawson 01787 310845  
Charlotte Blyth 01284 828544/07939 194233

Shimpling Postal Collections:-

The Street Mon-Fri 4.30pm, Sat 12pm, Little Chadacre Mon-Fri 9am, Sat 7.30am, Aveley Lane Mon-Fri 9am, Sat 7.30am

Medical Services

NHS Helpline :- 111

Glemsford Surgery:—01787 280484

Lavenham/Long Melford Surgery:—01787 378226

Samaritans:- 116 123

Domestic Abuse Helpline:- 0808 2000 247

Vet Surgeries:-

Swayne & Partners Long Melford—01787 370773

Frost & Partners Hawkedon—01284 789428

Anglian Water Emergency :- 0800 771881

UK Power Networks Emergency:- 0800 31 63 105

Suffolk Libraries Library Van—Every 4 weeks on Friday at Shimpling Post Box 14:20-14:35— No December call, probably restart Friday 29th January 2021

Chambers Bus Service 375—Wednesdays only depart Hallifax Place 09.55 return arrival at Hallifax Place 13:42  
Felix Bus Service 715—Thursday Only depart Shimpling 09:47 return arrival 13:15

Felix Taxis :- 01787 310574