Shimpling News

Summer 2022

Issue 129



Platinum Jubilee Celebrations

Thursday 2nd to Sunday 5th June 2022

Parish Council News

The Parish Council:

Mrs Liz Brunwin – Chair	01284 828122
Ms Katherine Haselhurst	01284 827370
Mr Gerry Shrimpton	01284 827219
Mr Mike Atkins	07814 576401
Mrs Nathalie Brown	07961 947497
Mr David Dunkley	07809 148630
Vacanav	

Vacancy

Contact details for the Clerk are:

4 Park Farm Cottages, Brettenham, Suffolk, IP7 7QP (Correspondence and Appointment only)

Email: Shimplingpc@gmail.com Telephone: 07940 223200

The Parish Council meet bi-monthly in January, March, May (AGM), July, September and November every year. Extra meetings may also be held throughout the year when required. Annual Parish Assembly – Reports presented by the Council and local groups / charities / committees from within the parish. Members of the public can speak freely at this meeting in May, raise issues and ask questions relating to the reports. Annual Meeting of the Council (AGM) – Each May, Election of officers of the council. Declarations of acceptance of office. Parish Council Meetings – Council considers matters relating to finance, planning and the Parish. Additional extraordinary meetings are held when required.

Dates of meetings: Parish council meetings will be held at 7:30pm on the following dates;

Monday 9th May 2022 – Annual Parish Assembly and Parish Council Annual General Meeting (AGM) Monday 16th May 2022 Monday 11th July 2022

Monday 12th September 2022

Monday 21^{st} November 2022 (Change to 3^{rd} Monday instead of 2^{nd} Monday)

Please note that these meetings will now be held at the Village Hall again. We are looking forward to welcoming you all back.

Parish Council Website and Social Media and Notice Boards You can find council information on the notice board by the bus stop in The Street. This is also circulated via our Village Round Robin System and posted on the Shimpling Community Facebook page. Alternatively, the village web site is regularly updated as well as our Facebook and Twitter account. Please follow us on Twitter and like our Facebook page:

Twitter: @shimplingpc

Facebook: Shimpling Parish Council

Website: http://shimplingpc.onesuffolk.net

Could you volunteer to help your Village?

We need two new Parish Councillors to join our team. Parish Councillors do a worthwhile job ensuring that your voice is heard and overseeing work so that your village is kept looking good. If you would like to know more about becoming a Councillor then please get in touch with the Clerk or any of our wonderful Councillors.

Report from our Chair, Liz Brunwin, at the meeting held on the 14th March:

The Chair reported;

'Since last meeting, CIIr Shrimpton and I met with a resident's relative, Suffolk Highways, County Councillor –

Richard Kemp and the developer at the site of the bungalows being built near the village sign following concerns about lorries mounting the verge of the house opposite accessing the site and whether this would be problematic once the development was completed. Highways were able to recommend an adjustment to the access road to improve the situation which was agreed by all those present. Can I please extend my thanks to Richard Kemp for his support in facilitating this meeting. Following delays by BT the groundwork for the installation of the wi fi is now complete and we now await a date for the final connection.

We have secured two grants for a bench for the grass by the village sign as well as carver chairs for the village hall which will be more suitable for those with mobility issues. It was good to see that Shimpling Parish Council showed by far the lowest increase on the annual council tax bill. This is down to prudent housekeeping and by using some of the Covid grant to subsidise the Parish Council Precept. We hope to get the lay-by by the recycling banks tidied up in the next few weeks. I would urge residents not to leave bottles and other rubbish next to the banks if they are full as well as being unsightly, glass gets broken and it is a hazard to animals.

A resident has reported that there seems to be quite a lot of dog mess around at the moment. Can I please ask that you pick up after your dog and use the dog bins which are provided by the Parish Council.

It's great to see the daffodils coming out showing Shimpling at its best. Thanks to all those in the village who turned out for the annual village tidy on Sunday 13th March – it really does make a difference.'

Recycling

Please remember that the Parish Council receives money

from the paper (although not cardboard) glass, clothing and shoes deposited in the recycling bins near the Bush Inn. Clothing and shoes should be bagged before depositing in the clothing/shoe bank. This income helps to run the council and therefore is a direct benefit to the village. Please keep recycling.

What the Parish Council have been up to ...

Over the last couple of months, we have:

Chased the signage for the Quiet Lanes status for Gents Lane.

The layby by the recycling banks has been resurfaced.

Chased the WIFI which will be installed in the Village Hall.

Discussed possible tree planting for the Queens Platinum Jubilee.

Agreed to give some funds to the Village Hall Committee for the Queens Platinum Jubilee celebrations.

Ordered a bench for the Village Green.

Received funding for the WIFI and for the bench for the Village Green.

Had our internal audit to ensure that we are using best practice as a PC.

Do you have new neighbours?

For some time now, the Parish Council have been sending welcome letters with local information to new residents. If you have new neighbours, can you please let Katie Haselhurst kh.shimpling@gmail.com know so that she can organise a welcome letter.

Shimpling WhatsApp Support Group

This was set up at the start of COVID to support those in need but has developed into a good way of communicating with others in the village. Recently we were asked to relay an urgent message to a villager and were able to locate the person quickly using the WhatsApp Group. If you could like to join the group, please contact Katie Haselhurst kh.shimpling@gmail.com.

Planning

There have been 4 new applications since our last newsletter. Others are updated below:

Application	Shimpling PC Comments	Planning Authority Decision
Thorne Court, Shimpling Road, Shimpling, IP30 OJN - Application for Prior Approval for a proposed Change of Use of Agricultural Buildings to Dwellinghouses (C3) Conversion of Barn to 1no self contained dwelling.	Did not comment	Prior Approval Refused
Coppins House, Blooms Hall Lane, Stanstead, Suffolk CO10 9AY - Householder Application - Erection of detached 4 bay garage block	Did not comment	Granted
Barn At Midway Farm Bury Road Shimpling Suffolk IP30 OJL - Non- Material Amendment sought following planning permission DC/20/02648 dated 27.08.2020 - Addition of photovoltaic solar panels to roof of south elevation	Did not comment	Granted

<u>Application</u>	Shimpling PC	Planning
	Comments	Authority
		Decision
Land Adjacent The Bush The Street	Did not	Awaiting
Shimpling Suffolk IP29 4HU -	comment	Decision
Discharge of Conditions Application		
for DC/20/03069- Condition 7		
(Landscaping Scheme) and Condition		
9 (Agreement of Materials)		

District Councillors

Our District Councillors usually attend each Parish Council meeting and can also be contacted as follows



Stephen Plumb 01787 280890 stephen.plumb@babergh.gov.uk

Michael Holt 01787 281712/07801 766813 michael.holt@babergh.gov.uk



Addendum—24th May 2022

Liz Brunwin is now no longer Chair. Katie Haslehurst has taken over as Chair and Gerry Shrimpton as Vice Chair. Chair and Vice Chair will change at every meeting for the next few meetings so everyone gets a 2 month stint

Ed



Jubilee Reflection - Respect!

We rightly give respect to people who start life in a difficult place but then go on to live good lives. But how do you gain respect if you are born rich, famous, and privileged? Queen Elizabeth has somehow achieved this.

Whatever your views of the TV series 'The Crown' I think it captured the sense of faith, duty, and humility with which the Queen approached her coronation and subsequent reign. Year on year, though pain and joy, she sought to serve God and country and to love her family. Whether we are born high or low, it is consistent hard work and faithful service of others which gains respect.

But it is not easy! One way to keep going is to refresh our souls regularly – just like Her Majesty does. Indeed you are welcome to join our regular worship (and also the Jubilee Service of Thanksgiving at 6.30pm on Sunday 5th June at Holy Trinity in Long Melford).

In a world when we are often disappointed by leaders, let us give thanks for the Queen's good example.

Rev Lawson

Quick note from the Rector – it is a great pleasure to see all the things going on in Shimpling and the other villages on my 'patch' now that we are free from the constraints of the pandemic. At the same time things are not 'normal' – we are still catching up from two years of lockdown, we are horrified by the war in Ukraine, and I am aware of many people who are struggling financially, or with illness and grief. So I am extremely grateful for the many volunteers who, often at personal cost, are giving time and effort to build up our communities. One lesson of lockdown is how much local community matters – but it is only as strong as we make it -





let's make sure we all 'do our bit' – encouraging our volunteers and supporting local events in whatever ways we can.

Church Services

May			
Sun 29 th June	4.00pm	Melford	Messy Church
Thurs 2 nd Lighting	9.15pm	Melford Gree	en Jubilee Beacon
Sun 5 th	9.00am 6.30pm	Alpheton Melford	Communion Jubilee Thanksgiving
Sun 12 th	10.30am 4.00pm	Melford Lawshall	Service Clopton Rose Service Forest Church at Golden Wood
Sun 19 th	9.00am	Shimpling	Communion
Sun 26 th	4.00pm	Melford	Informal Worship
Wed 29 th	10.30am	Lawshall	Midweek Communion
July			
Sun 3 rd	9.00am	Alpheton	Communion
	2.30pm	Alpheton	Baptism
	6.30pm	Melford	Evensong
Sun 10 th	4.00pm	Lawshall	Café Church
Sun 17 th	9.00am	Shimpling	Communion
Sun 24 th	4.00pm	Melford	Messy Church
Wed 27 th	10.30am	Lawshall	Midweek Communion

... and at Holy Trinity Long Melford <u>every Sunday at</u> 10.30am (Google 'Holy Trinity Long Melford Facebook' for livestream)





For our 4 o'clock community with family friendly events almost every Sunday at 4.00pm, contact Nicky on 07938 681 319 or chadbrooklightawave@gmail.com

For our toddler and youth groups, please contact Pam on 07890 880 976 or melfordfamilyworker@gmail.com
For more details or info on any changes please call 07804 558160 or see www.alpheton&shimplingchurches.org.uk or www.longmelfordchurch.com

Church News

Postponed - Alpheton Sponsored 'Organathon'

Unfortunately we have had to postpone this event – we will keep you informed. Apologies for any inconvenience caused.

Shimpling Fete

Please put the date into your diaries. We plan to hold this in Chadacre Estate on Saturday 24th September. More details in due course.

Verging

We have a number of weddings at Alpheton (and in our other churches) over the summer months. These are happy occasions, usually on Saturdays, and fun to be part of. If you would like to be trained to be verger please call the Rector on 01787 310 845. Expenses are covered.

Rev Judith Offord

In all that has been going on we have failed to communicate that we have a curate who we hope will be with us in the longer term. Judith is gradually introducing herself to the villages so do say hello if you see her around.

On many Sundays there is an informal 4.00pm family social contact chadbrooklightwave@gmail.com





On Tuesdays at 9.00am there is a Zoom Morning Prayer For details / enquiries please contact

chadbrookoffice@gmail.com or call 07804 558 160

Rector: Rev'd Matthew Lawson 01787 310845

Churchwarden: Vacant

Church Contact: Charlotte Blyth 01284 828544

THE HALLIFAX TRUST

A locally based charity providing grants to students under the age of 25 receiving further education at colleges or universities or undergoing formal training for a profession or vocation. These are non-means tested. To qualify students must simply have parents living in Shimpling or alternatively have in the past attended Lawshall School whilst their parents were living in Shimpling.

Funding is additionally available for other school and village projects. Applications from students for funding for the forthcoming academic year must be received by 30th September.

HELP US TO HELP OUR CHILDREN

We have recently received a small number of donations to the Charity for which we are extremely grateful. Please consider whether you could help with a donation or a legacy. These are tough times for students and the more funds we have the more we can help.

For grants or donations contact:

hallifaxtrust@gmail.com

Claire Wilson 01284 830574 or Jenny Pine 01284 827073

Hallifax Educational Trust is a Registered Charity No.310396

SHIMPLING AND ALPHETON WI

It is good to be back with regular WI meetings again and we have enjoyed our speakers and meeting each other again.



In January our speaker was Neil Charmaud of the Green Light Trust and our President, Steph Eady is organizing a walk through the woodland shortly.

In February we were entertained by a great group singing sea shanties, "The Shanty Folk", a group of 5 singers who originally met at a Community Choir 8 years ago. They realised that they all enjoyed shanty music and decided to form a group to raise funds for the RNLI. Shanties are seafaring songs, sung by sailors to give them rhythm to pull together on various tasks, like pulling up the anchor and adjusting the sails etc. The group started the evening with a rendition of "I'm Bound for South Australia" - a very jolly start to the evening entertainment. Before each song, interesting information was given by a member of the group, from which you can just imagine how the rhythm helped with the sailors in their labour. As a finale our President joined the group as a 6th member to ring a bell on cue, very successfully! The evening was a great success with everybody joining in with the chorus—this was one of the best evenings entertainment we have ever had.

In March Vernon Lever, who had brought along a large selection of his watercolour paintings for us to see. Vernon only paints in watercolour and it was amazing how many different types of subjects can be beautifully produced by this method. He had brought with him a sketch of a scene from

somewhere in Suffolk and the competition for the evening was "Guess the Location of this Painting". Vernon proceeded to paint this sketch, explaining his various methods of mixing colours and starting with just water, he painted the water all round the scene before adding more features. He demonstrated how to prepare the sky with blue/grey hues and continued adding water to weaken the depth of the blue, to great effect. As Vernon continued to paint the roofs of the buildings and highlighting doors, windows, boats, sea walls, trees and reflections in the water, so the painting began to evolve into a recognisable scene. At the conclusion of his work, members were invited to write on slips of paper where they thought the scene was, with a clue that it involved 13 letters! Unfortunately, nobody had the right answer, so names were entered into a pot and the first name out won a dainty watercolour painting of the scene in question. The correct location was Chelmondiston.

Vernon was very amusing and had us all laughing many times during the evening. Everybody enjoyed the presentation and we look forward to seeing Vernon again sometime in the future.

These meetings were held at Shimpling.

In April we returned to Alpheton Village Hall when Ian Cooper gave a talk on Holidays with a Motor Home. It certainly seems one can travel everywhere with ease that way.

In May, also at Alpheton it was time for our AGM. First we quickly went through our normal meeting and then we started on the AGM. We were delighted to learn that Steph

will act as President for one more year and that Teresa our Treasurer, Sheila our Secretary are both willing to continue as are the other members of the Committee. Teresa had circulated the accounts and thankfully we are in a satisfactory position. After refreshments we all played various games brought along by members and by moving tables had the opportunity to try them all.

Our outing in August will be to Bressingham Gardens.

Village	Hall Hi	re Cha	rges	
		<u>Summer</u>	<u>Winter</u>	
Half Day—Morning or afternoon up to 6pm				
Mon	-Thurs	£20	£25	
Fri-S	un	£26	£31	
Evening from 6pm to Midnight				
Mon	-Thurs	£26	£31	
Fri-Sun		£38	£43	
Concessions (Subject to Ap	proval)		
Alls	essions	£18	£20	
Hourly Rate per hour (max 3 hrs)				
Mon	-Thurs	£5	£6	
Fri-S	un	£6	£7	
Sessions AM	8am—1	.pm		
PM	1pm-6	Spm		
Ever	ning 6pm—n	nidnight		
Summer period 1st April to 30th September				
Winter period 1st October to 31st March				
Rates available	e to village re	sidents & for	village events.	
Hire Enquiries - Contact Marian on 01284 828187				

SHIMPLING VILLAGE HALL COMMITTEE

The Village Hall Committee AGM will be held on Monday 23rd May, following a meeting of the Jubilee Planning Committee. It's been good to be able to hold regular meetings, as normal, over the last few months.

Planning the Jubilee events has involved a number of extra members to the committee, spreading the range of ideas and allowing us to put on a varied programme, which we hope everyone will enjoy. Their input has been both supportive and very encouraging. Thanks to them all for their time and help. Also to Sarah, for producing an excellent layout for the programme.

Thanks to both The Hallifax Trust and The Parish Council for their very generous donations, enabling the events to be free for residents.

Bookings are gradually coming in, which will help us with the arrangements for catering, we just want to make sure we have enough of everything for everyone!

The Village Hall Committee meets approximately every 6-8 weeks, to arrange events and help to keep our hall a well maintained and friendly place to visit. New members are always welcome; helps with new ideas and getting more done. Many hands do make light work.

Finally, after the AGM, although I will continue as part of the committee, dealing with the hall bookings and helping to arrange events, I will be standing down as Chair. I feel it is now time for someone else to take the lead.

Marian Peck 01284 828187

HARTEST AND DISTRICT GARDENING CLUB

We had another magnificent Plant Sale, thank you to everybody for your support. Over £400 was raised, due to



the high quality of donations and the number of customers willing to turn out on a slightly damp day – not what had originally been forecast! Thank you also to the Church for providing the refreshments.

We are now into our season of evening visits replacing meetings in the Institute. It isn't necessary to be a member to come along to these. Our first, on June 6th, is to Smallwood Farmhouse, Bradfield St. George. The postcode is IP30 OAJ, we will meet there at 7pm. This garden is a combination of traditional and contemporary styles. At its heart is a 16th century farmhouse surrounded by many old English roses, clematis and honeysuckle. There is a herb garden and potager, plus two natural ponds and a more recently planted gravel garden. Paths wind through ancient meadow and orchard. We will be getting to see this delightful sounding garden before it opens for the NGS scheme a few days later. It should be a really inspiring visit. Entry £5 per person, with tea and cake etc. provided at extra cost.

The next visit is to River Cottage in Lavenham, postcode CO10 9QJ. This garden opened for the first time through the NGS scheme in 2020. The new owners have kindly agreed to open specially for our garden club. It runs for 400 feet alongside the River Brett and although already a beautiful garden when Clare & Michael Moore took over they have since added some of their own touches. This is a lovely garden in a tranquil spot in an historic town. Well worth a

visit. The entry fee of £7.50, including soft drinks, wine & nibbles, is in aid of the East Anglian Air Ambulance. We will then return to the Institute on August 1st for Dr Gwenda Kyd to tell us all about "People and Plants: Molecules, Medicines and Mischief". An intriguing title, Dr Kyd is a scientist and complementary medicine practitioner. On September 5th the title of the talk is "Colin's Choice of Best Plants for Autumn". Colin being Colin Ward, from Swines Meadow Farm Nursery at Market Deeping. And at the end of that week will be our Annual Show, the preparations for which are underway, the schedule listing all the classes is now available on our website, as below. If you have any questions about the club, please contact me, either via email on gross7702@gmail.com, or by phone on 01787 280134. Our website, with the most up-to-date information, is www.hartestgardeningclub.info.

Geraldine Ross

SUFFOLK OPEN STUDIOS

Artist Karenza Jackson will be taking part in the well known annual Suffolk Open Studios event. She will be part of the SOS Lavenham Art Trail on Sat11th/ Sun 12th June and her studio will also be open on Sat 18th/Sun 19th June 2022. It is a wonderful opportunity to see artists in their studios showcasing their work. Come and see!

Suffolk OPEN STUDIOS





STUDIOS OPEN 11-5PM WEEKENDS IN JUNE. SEE APP OR WEBSITE FOR DATES FOR EACH STUDIO/GALLERY

SCAN FOR APP

SUFFOLKOPENSTUDIOS.ORG

Save the Date.....

Saturday 24th September 2022 Harvest Fete at the Cricket Ground, Chadacre



Silver Band & Morris Dancers Games & Stalls
Classic Cars Tractor and Trailer Rides
Cakes, Plants & Produce

To make the day a huge success we welcome your help in any way:

- Sponsorships, Raffle and Auction Prizes
- Cakes, Garden Plants & Produce
- Your time by helping on the day or setting up

Opportunities for advertising your local business to local people 1/4 page A5 in the Programme £25 or including sponsorship of a Game £45

Bumper Crowd expected, post Covid!

Sponsors & helpers please contact

Liz Brunwin on 01284 828122 e: lizbrunwin@hotmail.co.uk Jenny Pine on 01284 827073 e: jennypine@aol.com

Proceeds in aid of Shimpling and Alpheton Churches

Check the website for updates www.alphetonandshimplingchurches.org.uk

Babergh District Council—Bonfire guidelines

If you must have a bonfire, please follow these guidelines to avoid causing a nuisance and to keep safe:

Keep the number of bonfires to an absolute minimum. Only burn dry material. This will produce the minimum of smoke.

Never burn household rubbish, rubber tyres, or anything containing plastic, foam or paint. The Council will collect domestic hazardous waste for a small fee.

Never use old engine oil, methylated spirit or petrol to light or encourage the fire.

Avoid lighting a fire in unsuitable weather conditions. Smoke hangs in the air on damp, still days and in the evening around sunset – ensure the bonfire is extinguished well before.

If it is windy, smoke may be blown into neighbours' gardens and across roads.

Keep the bonfire under adult supervision at all times and ensure it is extinguished completely, by dousing with soil or water, before you leave it.

Keep a hose pipe or buckets of water close at hand in case the fire gets out of hand.

Take account of your neighbours' activities e.g. washing hanging on a line, open windows, sitting in garden, decorating etc.

Consult, or at least warn, your neighbour before lighting a bonfire.

SAVE

(Shimpling AED Village Enterprise)

As most people are aware the village has an AED located in a locked cabinet outside The Bush. The device is registered with the East of England Ambulance Service, who have the access code details.



In the event of an emergency, the precise location of the AED would need to be given, to enable the Ambulance Service to give the code. The location is

The Bush, The Street, Shimpling IP29 4HU

Please make a note of these details, as it could save time in gaining access.

If you require any further details, please contact me Marian Peck Chair, SAVE 01284 828187

Copy for the Autumn 2022 edition is required by 22nd August 2022 (A4 WORD or .PDF file please) Sarah Smith—slsconsulting21@outlook.com 07774 116128 or 01284 828035

When advertising events please ensure there is a contact name with a landline number.

Please remember not everyone is on the Internet!!

Platinum Jubilee Celebrations Thursday 2nd - Sunday 5th June 2022

Thursday
1.30-4.30pm
Children's party, fancy
dress and crown making
competition
Venue - Village Hall
Come along in your fancy
dress outfits and make
Jubilee crowns (all materials
will be provided)
Children's tea party tea to
follow the judging
Parents to accompany
children please

7.30pm
Cheese and Wine Social
Evening
Venue - Village Hall
Come along and enjoy
some cheese and wine and
take part in a table quiz

Friday 12 noon Cart Race on Slough Hill

All carts will be on show at The Bush at 11.00am after which time they will take their places on Slough Hill for the big race!

Participants must wear a helmet and anyone under 16 years must also wear protective elbow and knee pads

All those taking part do so at their own risk and parents are responsible for any children taking part

FOLLOWING THE CART RACE

Medal ceremony, followed by Burgers & Bangers (on sale) Venue -The Bush

All Jubilee weekend events at the Village Hall and Play
Park are free to Shimpling residents thanks to donations from The Hallifax Trust, Shimpling Parish Council
& and Shimpling Village Hall Committee

The Village Hall Committee are pleased to announce the following events for the Platinum Jubilee Weekend

Saturday

2pm
Race from Old School to the
Bush (Anyone 14years and
over, male and female
entrants)

Games for <u>all</u> ages and medal ceremony for the winner of the race from 2.30pm

Venue - Play Park

Tug of war, archery, races, woodland spinners and competitions

7pm
Hog Roast & Campfire
Venue - Play Park or Village
Hall if raining (no campfire!)

Bring your own drink
A vegetarian option of pizza,
vegetarian sausage bap will be
available (please state when
ordering)

Sunday

1pm
The Big Jubilee Picnic
Lunch - Bring your own
picnic and choice of drink
and a chair

Venue - Village Hall & grounds (weather permitting) Please help us by booking your table in advance Ice creams and soft drinks will be provided We will be erecting the large and a few smaller gazebos in addition to space in the hall which can be used if the weather is inclement Parking will be limited so please walk if at all possible Please complete the booking form, with name and number of people attending. This will help us with catering. Thank you

ANY QUESTIONS, PLEASE CONTACT MARIAN ON 01284 828187 THERE IS NOW A PAPER & CARD BANK WHICH IS EMPTIED BY BABERGH - PLEASE DO <u>NOT</u> PUT CARDBOARD IN IT!

CLOTHING BANK

Shimpling has a Clothing & Shoes Bank alongside the Bottle Bank.

Please make sure that you bag your items in a bag that fits the chute!



BOTTLE BANK

By placing your empty bottles in the bins provided near The Bush Pub, we receive money for the village community. Keep these telephone numbers handy so that if the Banks are full you can help by phoning and having them emptied.

BOTTLE BANK— <u>0344 880 7700</u> CLOTHING BANK—08000 902 321

Lay-by looking much better now that pot holes have been filled. Thank you to Adrian at Abbotsbridge for the loan of his traffic cones.





for naturally balanced health

Do you suffer from any of the following?

- Tired all the time
- · Frequent infections / illnesses
- Digestive issues / problems
- Irritable Bowel Syndrome
- · Hormonal or fertility issues
- Skin issues (eczema, rashes, psoriasis)
- Headaches / migraines
- · Neck and back pain
- Joint pain
- · Anxiety and depression
- · Fears and phobias

Kinesiology can help address the above and much more...

Message me or ring me to book in for a chat or a treatment.

Kerry Cook 07852 222 594

The Balance Project

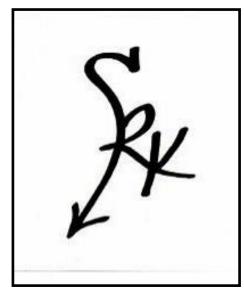
www.thebalanceproject.co.uk

could you foster?



Keeping in touch...

If you wish to receive email communication about what is going on in the village please email lizbrunwin@hotomail.co.uk who will add you to the circulation list.



STEVEN KENT M.A

Fine Artist

Tel: 01284 828836 Mob: 07815 455 268 Email: skart@hotmail.co.uk www.stevenkentartist.com



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Mobile: 07949 107 920

Email: tool-den@hotmail.co.uk

Hartest Farm and Craft Market



Saturday 4th June 10-12.30—Hartest Institute

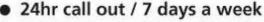
Local produce & Crafts. Light Refreshments available!

For more information contact Judy Stevens 01284 830551 judystevens 25@gmail.com

PEST PROBLEMS SOLVED BY LOCAL SPECIALIST



insects⊘ birds⊘ moles⊘ rabbits⊘ rats⊘



- Contract or individual treatments
- Traditional methods with modern technology
- Discreet service unmarked vehicles
- RSPH and BCPA trained and qualified
- NPTA member
- £5million public liabilty





01284 831 042 07776 205 346

info@angliapestmanagement.co.uk ■ www.angliapestmanagement.co.uk



Established & locally based

(Alpheton)

- Quality foot care
- Caring service tailored to your individual needs
- Expert advice
- Experienced with additional nursing qualification

If you are unsure as to whether chiropody is for you, please do not hesitate to contact me.

Elizabeth Gibson MSSCH MBCHA

Health & Care Professions Council Registered • Reg. No. CH20192



CLINIC Casabella Hall St. Long Melford CO10 9HY

T: 01787 370300

HOME VISITING PRACTICE

Long Melford, Sudbury, Clare & surrounding villages. T: 01284 827380 M: 07798 806184

Counselling and Psychotherapy Services with Natalie Wiggins MBACP BA (Hons)

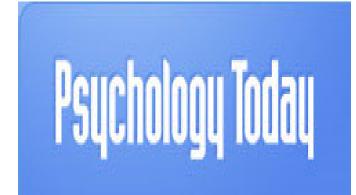
QUALIFIED, REGISTERED INTEGRATIVE COUNSELLOR APPOINTMENTS ONLINE, PHONE, AND FACE TO FACE IN SUDBURY AND SHIMPLING.

Trained and experienced in a variety of methods of counselling, covering a range of emotional, relational and trauma issues for tailor-made counselling as individual as you are. Enquiries welcome, initial no-obligation consultations available to discuss your needs. Please contact me: talktonatalie@outlook.com

or call/text 07415 957080







Talk to Natalie Registered Counsellor and Young People's Mental Health Support

R&Z Electrical



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Marquee for Shimpling

The Marquee 20ft x 40ft (6.1m x 12.2m) is available for loan to anyone in the village of Shimpling for functions free of charge.



Please note the Marquee can be erected on **Soft Ground** not hard ground. **Installation Instructions and list of parts are available.**

Volunteers are sought to help erect/dismantle the Marquee free of charge for communal events such as the Church, Village Hall, Pub, Fêtes, etc

Please contact <u>gabriel@clara.net</u> at Thatch End to book the Marquee.



LAWSHALL VILLAGE HALL MARKET



Community Café every
Wednesday
11.00—1.00pm
Serving take away
hot drinks & cakes

Meat & Greet (1st Wednesday of the Month)

Fresh Meat
Free Range Chicken & Pork
Meat Seasonings from around the World

Bakery items from

The Friendly Loaf at Nowton Please order via Wendy or Lawshall Facebook page

Third Wednesday of the Month:-ECO Refill Shop

Contact Wendy Harris grandmacoee@yahoo.co.uk



Visit our garden centre and coffee shop in Sudbury





Singing Flute, Piano

Flute, Piano
(Also Celtic Harp, Violin, Ukulele, Guitar and Viola)

Lessons in Shimpling Suffolk Also **Online Zoom** lessons



Qualified, experienced, patient and enthusiastic teacher with CD recording facility

Beginners to professionals welcome for leisure, audition, performance preparation and/or Associated Board of the Royal Schools of Music exams

Gift Tokens Available



Telephone Adriene or Text on 07760 238462

www.musicteachers.co.uk



GTCL. LTCL - Singing; Flute; Piano Teaching Diplomas
ARCM Associate of the Royal College of Music, Singing Performance
Member of the Association of Teachers of Singing

Electronic Version of The Shimpling News

If you would prefer to receive an email informing you when the latest issue is available online, rather than have a printed copy delivered to your door please let me know slsconsulting21@outlook.com to register for notifications





DOMESTIC & COMMERCIAL CONTRACTING

1 Cordell Cottages, Little Chadacre, Shimpling, Bury St Edmunds, Suffolk IP29 4HL

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Kevin Seggie Electrical Services

Beechwood Cottage, Bury Road, Lawshall, IP29 4PJ 01284 830786 / 07768 108157

HAPPY TO HELP Garden Services





Call David on 01284 828127



We are two brothers who are passionate about the work we do, to please all with the quality of work and skill we provide, we are only happy if the customer is happy. Between us both we have extended experience in the building trade, we have worked in the past with a small building company building high quality and top spec houses, with over 15 years of experience and employment, (which we were very grateful for) we decided the time was only right to please others under our own name of Reynolds Building & Garden Services.......

These are a few of the services we provided,



plastering, tiling, ground works, landscaping, garden design and build, small extensions, and a small amount more.....

View our portfolio at www.Reynoldsbgs.co.uk
Contact us on; Mobile 07731451209
Office 01284 828621

Woodcot Garden Services

Lawn Cutting
Hedge Trimming
Patio Cleaning
Garden Clearance

General Garden Maintenance

Contact Chris Cornish on

Tel 01284 828809 - Mobile 07880 976137

c.cornish123@btinternet.com

Woodcot, The Street

SHIMPLING

USEFUL VILLAGE CONTACTS AND INFORMATION

Shimpling Parish Council—see Page 2

County Cllr—Richard Kemp 01787 378149

Shimpling Village Hall— Chair Marian Peck 01284 828187

St George's Church—Rev'd Matthew Lawson 01787 310845

Shimpling Postal Collections:-

The Street Mon-Fri 4.30pm, Sat 12pm, Little Chadacre Mon-Fri 9am, Sat 7.30am, Aveley Lane Mon-Fri 9am, Sat 7.30am

Medical Services

NHS Helpline: 111

Glemsford Surgery:-01787 280484

Lavenham/Long Melford Surgery:—01787 378226

Samaritans:- 116 123

Domestic Abuse Helpline:- 0808 2000 247

Vet Surgeries:-

Swayne & Partners Long Melford—01787 370773 Frost & Partners Hawkedon—01284 789428

Anglian Water Emergency: 0800 771881

UK Power Networks Emergency: 0800 31 63 105

<u>Suffolk Libraries Library Van</u>—Every 4 weeks on Friday at Shimpling Post Box 14:20-14:35— No December call, probably restart Friday 29th January 2021

Chambers Bus Service 375—Wednesdays only depart Hallifax Place 09.55 return arrival at Hallifax Place 13:42 Felix Bus Service 715—Thursday Only depart Shimpling 09:47 return arrival 13:15

Felix Taxis :- 01787 310574

All Jubilee weekend events at the Village Hall and Play Park are FREE to Shimpling residents thanks to donations from The Hallifax Trust, Shimpling Parish Council and Shimpling Village Hall Committee

Burgers, bangers and drink can be purchased at the Bush on Friday

PLEASE RETURN THE
ATTACHED BOOKING FORM TO
THE VILLAGE HALL POST BOX
OR RESPOND BY EMAIL

shimplingvh@gmail.com

IMPORTANT ALLERGY NOTICE
PLEASE INFORM US IN ADVANCE OF ANY
ALLERGIES, AFFECTING ADULTS OR CHILDREN
ATTENDING EVENTS,
WHERE FOOD AND DRINK IS BEING SERVED.
ALL EVENTS WILL BE NUT FREE

ANY QUESTIONS, PLEASE CONTACT MARIAN ON 01284 828187



Lunchtime Recitals

JUNE to AUGUST 2022

1.10pm - 2.00pm on Wednesdays
ADMISSION FREE



HOLY TRINITY CHURCH LONG MELFORD

Audience comfort and safety







Light Refreshments available

For details of the individual programmes visit Village Website/Whats On at

www.visitlongmelford.co.uk



Heritage * Arts* Shopping

Explore what we have to offer in our beautiful village, whether it's for a few hours or a few days www.visitlongmelford.co.uk

Melford Music's aim is to bring a knowledge and love of music to the area, to support musicians by giving them a platform for their talents and to contribute to the preservation of this famous 15th century church.

WELCOME

I should like to welcome you all to Holy Trinity Church and to say what a great pleasure it is for us to host these popular lunch time recitals organised by Melford Music.

These have become very much part of the Long Melford Summer Entertainment programme and I would like to take this opportunity to thank the artists, organisers, sponsors, supporters and of course all who attend. This will be a very special season as we celebrate 30 years since inception.

The Revd. Matthew Lawson, Rector

Programme of Recitals

June

EAST COAST GUITAR TRIO Martin Plackett, Sam Plackett and Les Simons

8 LIZZIE GUTTERIDGE The Medieval Set

15 BENJAMIN CARNELL Cello

22 TREVOR CORDWELL Piano

29 ELAINE HENSON Mezzo Soprano and STEPHEN HENSON Piano with JENNIFER CABLE Recorder

July

6 THE ROCK CHOIR

3 GILL GERRARD Oboe RHIANWEN GOLD Violin MARY BLANCHARD Piano

20 ROSEWOOD ACOUSTIC TRIO Multi-Instrumentalists and Vocals

27 TOM COGAN Organ

August

3 PETER THORNE CATHERINE SHRUBSHALL

Piano Saxophone

10 SAMANTHA CHRISTOPHER MARY BLANCHARD Clarinet Piano

17 FRENCH HORN CONNEXION

24 SERENDIPITY WOODWIND TRIO Flute, Clarinet and Bassoon

31 PAULO LOPES & SUZI MORROW EDWIN MARR

Two Pianos Narrator

The organisers reserve the right to change recitals without notice

Retiring collection to help raise money for the preservation of this wonderful church

CONTACTS

Secretary: Sheila Woodward T: 01787 312 215 Artistic Director: David Chivers M: 07860 106 641 Advertising: Jane Ebejer T: 01787 375 862