

Shimpling News

Autumn 2019

Issue 118

THE EMERGERS AT ST GEORGE'S CHURCH SHIMPLING



AFTER THE GREAT SUCCESS OF FUNDRAISING GIGS AT HARTEST, WHEPSTEAD CHURCHES AND BURY CATHEDRAL, SHIMPLING'S VERY OWN JOHN PAWSEY AND STEPHEN WILLIAMSON WILL BE PERFORMING ALONG WITH SOME SPECIAL GUEST MUSICIANS FROM OUR VILLAGE.

SATURDAY 7TH SEPTEMBER FROM 6.30PM.
BAND ON AT 7.30PM

REFRESHMENTS WILL BE AVAILABLE

**TICKET PRICE £10 IN AID OF
ST GEORGES SHIMPLING & ALPHETON CHURCHES**

**Tickets available from Liz Brunwin 01284 828122
lizbrunwin@hotmail.co.uk**

<https://www.facebook.com/theemergers/>
<https://www.youtube.com/watch?v=c31udDcwhbY>

Parish Council News

Parish Council News

The Parish Council:

| | |
|--------------------------------------|--------------|
| Mrs Liz Brunwin – Chair | 01284 828122 |
| Ms Katherine Haselhurst (Vice Chair) | 01284 827370 |
| Mr Daniel Sharpstone | 01284 838394 |
| Mr Gerry Shrimpton | 01284 827219 |
| Mr Ken Rush | 01284 830180 |
| Mr Colin Johnston | 01284 827131 |
| Mr Mike Atkins | 07814 576401 |

Contact details for the clerk are:

12 Old Court, Long Melford, Suffolk CO10 9HA.

(Correspondence and Appointment only)

E.mail: Shimplingpc@gmail.com

Telephone: 01787 370199/ 07986 990846

The Parish Council meet bi-monthly in January, March, May, July, September and November of each year.

Annual Parish Assembly – Reports presented by the Council and local groups / charities/ committees from within the parish. Members of the public can speak freely at this meeting, raise issues and ask questions relating to the reports.

Annual Meeting of the Council (AGM) – Election of officers of the council. Declarations of acceptance of office.

Parish Council Meetings – Council considers matters relating to finance, planning and the Parish. Additional extraordinary meetings are held when required.

Dates of meetings: Parish council meetings will be held on the following dates;

Monday 9th September 2019

Monday 11th November 2019

Monday 13th January 2020

Parish Council Website and Social Media and Notice Boards

The village notice boards by the Village Hall and bus stop have been refurbished thanks to good support from a villager and council information can be seen there.

Alternatively, the village web site is now being regularly updated again as well as our Facebook and Twitter account.

Please follow us on Twitter and like our Facebook page:

Twitter: @shimplingpc

Facebook: Shimpling Parish Council

Website: <http://shimplingpc.onesuffolk.net>

What's been happening:

Recycling

Please remember that the parish council receives money from the paper and glass deposited in the recycling bins near the Bush PH. This income helps to run the council and therefore is a direct benefit to the village. Please keep recycling.

Playground

The Playground has passed its annual inspection. Work was required at a cost of £720 for the replacement of a worn spring on the Aerial Runway and adjustment to the seat. It should be noted that the play equipment is designed for

children and youths only.

Public Transport

The Parish Council (PC) have been working hard to try to protect and improve bus services to the village. Following decisions by Suffolk County Council to reduce subsidies to some routes the PC have once again written to SCC and providers to try to sustain services to the village.

New District Councillors

Following the elections on 2nd May, Current District Councillor James Long stood down. The Parish Council sent thanks on behalf of the village. New District Councillors can be contacted as follows:



Michael Holt

Phone: 01787 281712

Mobile: 07801 766813

Bus. email: michael.holt@babergh.gov.uk



Stephen Plumb

Phone: 01787 280890

Bus. email: stephen.plumb@babergh.gov.uk

BABERGH AND MID SUFFOLK JOINT LOCAL PLAN PUBLIC CONSULTATION

As set out in the public notice in July 2019, Babergh and Mid Suffolk District Councils are holding a series of additional drop-in events from 20th August 2019 to support the public consultation for their Joint Local Plan as detailed below. The consultation period is ten weeks, which commenced on Monday 22nd July 2019 and concludes at 4pm on Monday 30th September 2019.

WHAT IS THE JOINT LOCAL PLAN?

The Joint Local Plan will relate to the area covered by Babergh District Council and Mid Suffolk District Council and will set out planning policies for the two Districts up to 2036. It will identify the amount of development required and allocate sites for development.

VIEWING THE CONSULTATION

The Babergh and Mid Suffolk Joint Local Plan Preferred Options Document (July 2019) is available to view on the Councils' websites as follows:

www.babergh.gov.uk/jointlocalplan or

www.midsuffolk.gov.uk/jointlocalplan

In addition, paper copies of the consultation document are available to view at the Councils' office at Endeavour House, 8 Russell Road, Ipswich, IP1 2BX, at the Customer Access Point at 54 Ipswich Street, Stowmarket, IP14 1AD, at the Customer Access Point at the Town Hall, Old Market Place, Sudbury, CO10 1TL and in libraries in the Districts.

HOW TO COMMENT

Comments must be made by 4pm on Monday 30th September 2019.

Comments can be made electronically through the Councils' online system at www.babergh.gov.uk/jointlocalplan or

www.midsuffolk.gov.uk/jointlocalplan; by email to localplan@baberghmidsuffolk.gov.uk; or in writing to Babergh and Mid Suffolk District Councils, Endeavour House, Russell Road, Ipswich, Suffolk IP1 2BX. To deliver comments in person please telephone 0300 123 4000 (option 5 then option 4).

Planning: There has been 3 new applications since our last newsletter in May and 2 planning appeals. Others are updated below:

| Application | Shimpling PC Comments | Planning Authority Decision |
|--|-----------------------------|------------------------------|
| Maltings Farm, Shimpling | Objected to the application | Refused – Appeal in progress |
| Court Cottage, Shimpling | Supported application | Granted |
| Cracketts, The Street, Shimpling | Appeal supported | Awaits |
| Red Roofs, The Street, Shimpling | Application supported | Application granted |
| Land North East of Gents Lane (Appeal) | Objected to by PC | Appeal dismissed |
| Plot adjacent Gents Lane | Objected to application | awaits |
| Mount Farm Barns, Shimpling | Supported application | awaits |
| | | |
| | | |

Consultation launches on the county's Green Access Strategy

Communities are being invited to have their say on the Green Access Strategy - Rights of Way Improvement Plan as part of a ten-week consultation held by Suffolk County Council (SCC).

The county council, under the Countryside and Rights of Way Act (2000) is required to put together this plan which identifies changes that will improve rights of way provision for walkers, cyclists, horse riders and those with mobility problems.

The plan, which looks at rights of way access up until 2026, details why green access is so relevant to Suffolk's population and its visitors, and it focuses on how green access can benefit quality of life. SCC built the strategy on previous work, research and engagement with a range of consultees, such as the Suffolk Local Access Forum, parish councils, local businesses, landowners, users and non-user groups. The public consultation opened on the 8th July 2019 and runs until Friday 20th September. The consultation will provide the council with final feedback before the plan is presented to cabinet later this year.

Councillor Mary Evans, Suffolk County Council's Cabinet Member for Highways, Transport and Rural Issues said;

"The Green Access Strategy represents our commitment as a council to make the very most of the rights of way network and to provide our residents, our business community and our visitors an array of different and innovative opportunities to use, enjoy and benefit from green access."

To find out more about the consultation and how you can have your say visit: www.suffolk.gov.uk/rowip

A paper copy of the survey can be requested by calling, 0345 603 1842 or emailing discoversuffolk@suffolkhighways.org or you can take the survey over the phone by calling 0345 603 1842.

It was really sad to see that someone had dumped bottles etc by the bottle banks the other day. Thank you to whoever it was who cleared up this mess. If the bottle bank is full, please report to the supplier (the number is on the bottle bank) and keep your bottles in your car until an empty container is delivered (usually within a day or two).



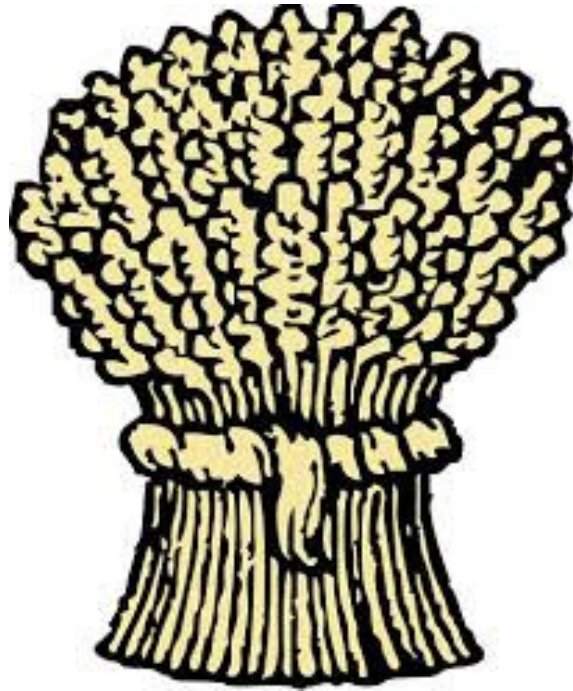
Suffolk Historic Churches Trust Ride and Stride

Saturday 14th September 2019

Sponsor forms can be picked up from the church or the local organizer. Funds raised will be divided between SHCT and the church or chapel chosen by the participant.

**Jenny Pine, The Street, Shimpling,
01284 827073 jennypine@aol.com**

(SHCT Registered Charity No 267047)



Harvest Supper

Friday 27th September

7.00 for 7.30pm

Shimpling Village Hall

Tickets from: Liz Brunwin 01284 828122

lizbrunwin@hotmail.co.uk

Adults £10 Children £6

PLEASE BRING YOUR OWN DRINKS

**A social and fundraising event
for Alpheton and Shimpling Churches**



Talking a 'good cart'

My YouTube account 'knows' that I like watching extreme sports – I am often recommended clips on high-diving, wing suits, ski jumping, sailing on foils, bike racing, world records, and so on. The Shimpling village go-cart race is another strong contender – though for some reason it has not quite made it to my suggested YouTube playlist!

Each May bank holiday in Shimpling, various homemade contraptions, most of which involve humour, use just the force of gravity to see what distance they can generate from a gentle descent at the end of the village. It is great fun to watch as the go-carts descend with varying degrees of speed and rider dignity.

However this year, the competitive side of my nature could not help but start to critique the various designs ... what about the tyres? the aerodynamics? the steering mechanisms? the speed of the push off? ... and so on. Before I knew it I found myself talking about these subjects rather over-confidently.

However I was forced to laugh at myself in conversation with one of the villagers. He said: "it is easy to talk a good cart!". How right he was! Isn't it true that with many things in life we love to air our opinions and pass judgement, but have never actually done the thing we are talking about? Whether building a cart, teaching, being a politician, helping the homeless, playing professional football, or even being a Rector, many of us have a pretty limited understanding as to what it is really like. Perhaps we should remember to share our over-confident opinions with a little more humility. The book of proverbs warns that: *"When words are many, sin is not absent, but he who holds his tongue is wise."*

So congratulations to all those who took part, whether you came first or last – you actually did something useful and gave us a fun occasion rather than merely generating hot air!



In Good Company

Most jobs have a perk or two. Maybe you can pull yourself a free pint; maybe you get food or clothes at discount; maybe you can service your car for free? One of my relatives always seems to end up with tickets for Wimbledon (not that I am envious!). One of the perks of my job is that I have a rather magnificent prayer chapel on my doorstep – Holy Trinity church! When setting up the children's work on Saturday evening, my wife and I often take time to pray there in the beauty and silence.

Recently, I was struck by the privilege, not so much of the beauty of the building, but of being able to pray among the pews. My spirit was drawn to the prayers of those sitting in church down the ages. I felt very aware of their prayers ...

God please help me know what to do.

God please help me to meet someone to love.

Lord please give me strength in this relationship(!)

Please heal me.

Please heal my friend.

Thankyou.

Give me patience now(!)

Please protect my children.

Help me to love when I hurt so much.

Why I am suffering in this way?

Did you really promise life after death?

Please help me to forgive.

If the responsibility for looking after three grade 1 listed churches is significant, I was reminded what a huge responsibility I have to help draw people to our loving God, and that part I am playing in such a rich spiritual history.

I was also reminded that the church is not just about beautiful buildings, wonderful as they are, but God finds beauty every time one of us clumsily opens up to him in prayer. I challenge you to come and make our churches even more beautiful. Come and sit alongside those, present and past - you will be in good company, and not alone, as you share the joys and sorrows of this life.



THE PARISH OF ALPHETON AND SHIMPLINGTHORNE



Rector: Rev'd Matthew
Lawson 01787 310845,
Churchwardens:
Charlotte Blyth 01284 827008
charlottefblyth@btinternet.com

www.alphetonandshimplingchurches.org.uk

HELP!

If you feel that you would like to help our loyal band of helpers at St George's (flowers, cleaning etc) you would be more than welcome.

Please contact
charlottefblyth@btinternet.com

Shimpling Services

| | |
|---|-----|
| Sunday 8th September | 9am |
| Sunday 22nd September | 9am |
| Sunday 13th October | 9am |
| Sunday 27th October | 3pm |
| <i>Tea at 3—Shimpling Village Hall</i> | |
| Sunday 3rd November | 9am |
| Sunday 24th November | 3pm |
| <i>Tea at 3—Shimpling Village Hall</i> | |

There is provision for children at all 10.30am services,
Most services include communion.

For more events and services, don't forget to look at our
website www.alphetonandshimplingchurches.org.uk.
(see also www.longmelfordchurch.com).

Tea @ 3

Sundays 27th October
& 24th November

Shimpling Village Hall

Tea and cake,
chat and reflections

Alpheton and Shimpling Churches

Pet Service

10.30am, Sunday 1st September

Long Melford Church

*Please bring your pets for a blessing
(or pictures of pets past and present)*

Refreshments afterwards (service approx. 50 mins)



Harvest Festival

Shimpling Church

29th September
4pm

**A service for all the
family**

*Donations of tinned and dry goods will be collected for the
local Foodbank*



CONNECT



Connect Baby and Toddler Group - Songs, Story, & Craft

Monday mornings term-time 9 -11am, St. Catherine's Church, Long Melford, CO10 9JU

Pop in for a drink and a chat while your little ones play.



@longmelfordconnect

www.longmelfordchurch.com

*... providing a solid
foundation for the
adventure of life*



EVERY SUNDAY 10.30 – 11.45am*

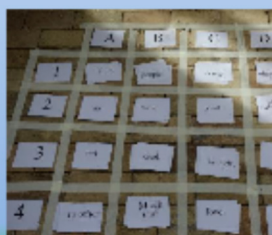
Holy Trinity Church Long Melford

For children aged 4 – 11 years

All welcome; free admission

You are welcome to stay or drop-off

Game ...



Craft ...



Story ...



Parents & carers welcome to stay with kids, join the main service, or pick up at the end.

If coming for 1st time please arrive early to register - part of our Safeguarding Policy.

Any questions 01787 310 845 / nickyisfound@gmail.com.

* Except 1st Sunday in the month which is a family service.

Small changes make a big difference

That is the message, as Suffolk County Council launches a new campaign looking at our relationship with alcohol.

Four short films have been produced following the stories of characters ('Billy Binge', 'Tellybox Trish', 'Big Match Barry' and 'My Time Mandy'), speaking about when and where they drink alcohol. The films cover different habits when it comes to alcohol consumption; weekend binge drinking, drinking at home, drinking as a reward, and excessive drinking to celebrate an event or occasion, such as a football match.

The campaign offers guidance and advice about how much is too much, the benefits of reducing alcohol intake and the small changes people can make to their drinking habits, which can make a big difference to their mental and physical wellbeing.

Evidence suggests direct links between alcohol and heart and liver disease, diabetes and some types of cancer. Alcohol is also highly calorific, contributing to weight gain. It can also influence the quality of sleep and take its toll on physical appearance over time.

The campaign highlights that as well as the health benefits, reducing alcohol consumption can also bring social benefits, such as being able to spend more quality time with your loved ones, saving money for something more meaningful and losing weight.

Some of the small changes suggested by the campaign are:

- Did you know that you drink more slowly when you're sitting than when you're standing? So, pull up a chair, take it easy and savour your drink.
- Rounds make it very easy to drink more than you planned. When it's your round, why not quietly buy yourself a soft drink or a lower-strength beer? You can substitute every second drink with water, non-alcoholic beer, coffee or a soft drink.
- A great way to avoid overdoing things is to drink with your main meal only. And keep that bottle off the table. Just pour one glass and put it away!

Starring **Tellybox Trish**

Small changes *make a*
BIG difference



It can't
hurt,
can it?

Watch the film 

www.healthysuffolk.org.uk/TellyboxTrish

'Lavenham Airfield Walks'

Interested in the US Army Air Force's presence in East Anglia in WWII? Then spend a morning walking in the steps of the Mighty Eighth's 487th Bomb Group on Lavenham Airfield. You will be accompanied by guides who will take you to areas not usually accessible to the public, whilst painting a picture of operational life on the base in WWII and how the airfield will forever be associated with the creation of the film 'Twelve O'Clock High'. The walks take place on the second Sunday of September from 10.00 – 1.30. Places are limited so booking is essential. Adult tickets cost £10, under 16s £5 (sorry no dogs) and can be booked in person at Lavenham Blue Vintage Tea Rooms in Lavenham or by telephone on 01787-248295.

All proceeds go towards the construction of a memorial to those 487th Bomb Group personnel who lost their lives whilst serving at Lavenham Airfield.

Forthcoming Films at Alpheton Village Hall

| | |
|-----------|---|
| Sept 17th | <i>King of Thieves (retelling of the Hatton Garden Robbery)</i> |
| Oct 15th | <i>Bohemian Rhapsody (Music & story of Queen)</i> |
| Nov 19th | <i>Mary Poppins Returns (Music & Drama)</i> |
| Dec 17th | <i>Stan and Ollie (Story of Laurel & Hardy)</i> |



7.30pm Start

£4 entrance including tea/coffee & biscuits, licenced bar

Hallifax Trust Application Forms

Application forms to Vicky Heighes by 30th September.
Grants available for young people at college or Uni, must be under 25, have attended the primary school serving Shimpling and Alpheton, or have parents currently living in Shimpling. Funding is also available to help with travel costs for 6th Formers and for other village projects.

Help us to Help our Children

If you are interested in making a donation or legacy, please get in touch.

Contact heighes@btinternet.com 01284 831001 or
jennypine@aol.com 01284 827073
(Registered Charity No 310396)



We have started up a Painting Group in Shimpling Village Hall.

We aren't teachers, but we have been successful in selling our art and craft work and can pass on tips etc.

We enjoy painting and chatting.

Beginners are welcome and any medium can be used.
The cost of the hall will be split between those attending.
Just come along with your paints and paper and have fun!!

Time 2 – 4 pm Wednesday afternoons.

For more information please call:
Diana and David 01284 827635



The Bush Inn, Shimpling



The Bush Inn Public House is a family run business close to the historic market town of Bury St Edmunds and tranquil Lavenham. The Bush dates from the 16th century and retains many of its original features. In the cold winter months, you can keep warm and cosy by the inglenook fireplace whilst enjoying one of our exceptional guest ales or a glass of wine from our varied selection. During the long summer days why not enjoy the peace and tranquillity of our enclosed garden, perfect to enjoy some of our wonderful food and beverages as the evening draws in. The garden provides a safe, spacious environment for all the family to relax and enjoy their visit.

The Food

We offer traditional home cooked food using all locally sourced fresh ingredients that are delivered daily.

Dawn – our Landlady and Chef – has been creating amazing dishes for over 17 years and to that effect our menu offers an array of delicious meat, fish and vegetarian options to cater for all tastes. We have daily special boards and a range of speciality coffees and hot beverages throughout the day to finish off your meal. All our desserts are homemade and change daily. We are sure there will always something on the menu that will tickle your taste buds.

Disabled Access, Family Friendly, Dog Friendly, Real Fire

Call us on 01284 828257 to make your reservation

Shimpling Village Hall Committee

A reminder that Vernon will be coming to do his quiz on Saturday 2nd November, 7.30pm. Teams of four and please bring your own drink. Tickets will be £10, to include fish and chip supper (or alternative if you don't eat fish) and can be ordered through Jackie Beaver on 830729.



The Committee also decided that the Annual Village Dinner will be held after Christmas, as we did last year. This proved to be very popular and more convenient for most people. More details nearer the time.

We are hoping that we may be able to fit in a social evening sometime in the autumn, so please watch out for further information.

The Village Hall committee is currently looking to recruit a new treasurer and new committee members are always welcome. If you have any ideas about future events, we'd be pleased to hear from you.

Marian Peck
Chair.

Copy for the Winter 2019 issue is required by 20th Nov 2019
Submit copy (preferably in A4 WORD) format to:

sarah@slsconsulting.org.uk

Vine Cottage, Gents Lane, Shimpling, IP29 4HP 01284 828035

Village Hall Hire Charges

| | <u>Summer</u> | <u>Winter</u> |
|---|---------------|---------------|
| Half Day—Morning or afternoon up to 6pm | | |
| Mon-Thurs | £20 | £25 |
| Fri-Sun | £26 | £31 |
| Evening from 6pm to Midnight | | |
| Mon-Thurs | £26 | £31 |
| Fri-Sun | £38 | £43 |
| Concessions (Subject to Approval) | | |
| All sessions | £18 | £20 |
| Hourly Rate per hour (max 3 hrs) | | |
| Mon-Thurs | £5 | £6 |
| Fri-Sun | £6 | £7 |

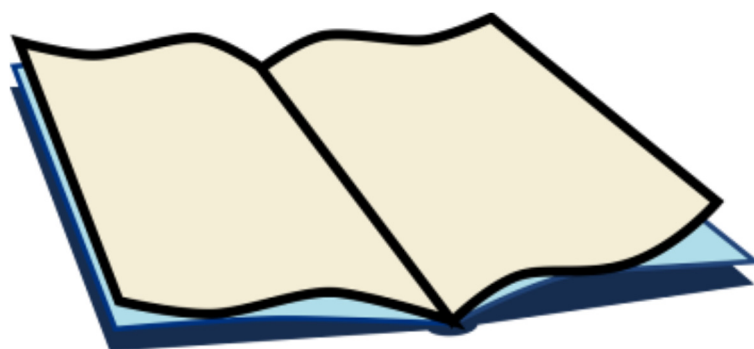
Sessions AM 8am—1pm
 PM 1pm—6pm
 Evening 6pm—midnight

Summer period 1st April to 30th September

Winter period 1st October to 31st March

Rates available to village residents & for village events.

Hire Enquiries – Contact Stan Milsom on 01284 828866



Would you be interested in receiving your copy of the Shimpling Magazine by email or downloading it from the Parish Council website?

If you are, please email lb.shimpling@gmail.com

BLUEBELL BUILDING NOW OPEN

We believe in a fun and active path for early years education, allowing the children in our care to develop at their own pace, in a safe environment with activities they love.

We are located within the grounds of All Saints' Primary School in Lawshall, Suffolk.

Our mission is to help each child make the transition from preschool to reception and onwards into the main school with confidence and ease.

Accepting children from the term after their 2nd Birthday.

Full day sessions available 8:30 - 3:30

Elizabeth Gibson MSSCh MBChA
Health and Care Professions Council Registered • Reg. No. CH20192



HOME VISITING PRACTICE

Long Melford, Sudbury, Clare
and surrounding villages.

Phone **01284 827380**

or

Mobile **07798 806184**

- *Established and locally based (Alpheton)*
- *Quality foot care*
- *Caring service tailored to your individual needs*
- *Expert advice*
- *Experienced with additional nursing qualification*

If you are unsure as to whether chiropody is for you,
please do not hesitate to contact me.

PEST PROBLEMS SOLVED BY LOCAL SPECIALIST

Anglia PEST MANAGEMENT

DOMESTIC • COMMERCIAL • AGRICULTURAL



insects✓ birds✓ moles✓ rabbits✓ rats✓

Based in Lawshall
Contact Tim Cox

- 24hr call out / 7 days a week
- Contract or individual treatments
- Traditional methods with modern technology
- Discreet service - unmarked vehicles
- RSPH and BCPA trained and qualified
- NPTA member
- £5million public liability



01284 831 042
07776 205 346

info@angliapestmanagement.co.uk ■ www.angliapestmanagement.co.uk

BOTTLE & PAPER BANKS

By placing your empty bottles and papers in the bins provided near The Bush Pub, we receive money for the village community. Keep these telephone numbers handy so that if the Banks are full you can help by phoning and having them emptied.

BOTTLE BANK— 01842 820804 PAPER BANK—01473 830948

Keeping in touch.....

If you wish to receive email communication about what is going on in the village please email

lizbrunwin@hotmail.co.uk

who will add you to the circulation list.

FOR SALE

Panasonic Viera

TX-P42VT30B 42"

3D 1080p HD Plasma Television

Accessories Remote, 2 pair of 3D glasses ,
Wifi Dongle

£100 ono

Contact Fred & Joan Raison

01284 830603

"Incredibly tender and juicy... utterly delicious"
Tessa Allingham – Food Writer

Shimpling Park Lamb

The best organic meat born, raised and butchered within 5 miles

Small or large boxes available direct from the farm

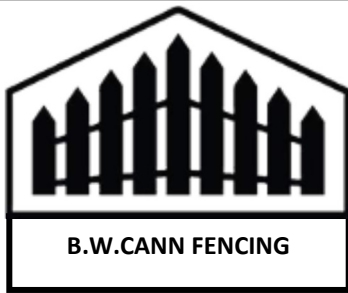
Info@shimplingparkfarms.com

www.shimplingpark.com

Or for single pieces, ask for it in your local butchers

**Ruse and Son Long Melford, Lavenham Butchers, and Humphrey
and Sons Clare**

"Nothing compares in quality and flavour"
Regis Crepy. The Great House



B.W.CANN FENCING

Est. over 30 years

Industrial or Domestic

'No job too big or too small'

***All work undertaken, including,
Paddock, Chain Link, Panels, Gates
and Palisade and much more!***

**For a FREE quote
Call or email today on....**

Landline: 01284 831 073

Mobile: 07949 107 920

Email: tool-den@hotmail.co.uk



Do you need your lawn mowed,
car washed, odd jobs done or
babysitting ?

If so, **James Ross** 17 years old,
is available to do gardening
and/or odd jobs in the summer
holidays from the end of
June.



Please call/ text James on
07814 239359 or 01284
828288

COFFEE POT



Looking for good company, tea or
coffee, and a selection of tasty cakes
and sandwiches?

Then join us at Coffee Pot, which is
held at Alpheton village hall on the last Tuesday of
each month from 10:30 to midday.

For just £3 you get good food and conversation, and a
chance to catch up with what's going on in
Alpheton, Shimpling and the villages around

Marquee for Shimpling

*The Marquee 20ft x 40ft (6.1m x 12.2m)
is available for loan to
anyone in the village of Shimpling for functions
free of charge.*



*David Campan, Stuart Campan and John Reynolds would be happy to **erect/dismantle the Marquee free of charge for communal events** such as the Church, Village Hall, Pub, Fêtes, but would charge modestly for their time in case of private functions such as weddings, parties.*

Please contact gabriel@clara.net at Thatch End to book the Marquee.

ARGENT GARDEN MACHINERY SERVICES



Servicing and repairs to all types
of machines

Parts supplied
Local Collection and Delivery service available



Contact Luke on
Tel: 01787 372885
Mobile: 07791 281855
argent1985@hotmail.co.uk
redrose993@hotmail.com



LARK VALLEY YOUNG FARMERS' CLUB

*Are you bored of staying in on a Friday night?
Looking for something fun to do?
Aged between 10 and 16?*

Lawshall Village Hall, Fridays, 7.00-9.00pm

Take part in competitions: Make new friends

Be part of a national organisation that makes a difference
- And you don't have to come from a farming background!

*More information from County Office on
01473 785547
office@suffolkyoungfarmers.com*



**Ollie's Pet Care
(Oliver Schofield)
Covering Shimpling and Alpheton**

For the past 5 years Ollie's Pet Care has helped many pet owners in the village of Shimpling, from a one-off feed to a months pet care.

I offer a bespoke service.

Bins, post and small gardening jobs can also be considered. If you are going away for a night, or going on holiday, contact me and I may be able to solve your pet care problem !

**Rabbits, Hamsters, Guinea Pigs, Fish
Birds, Dogs, Cats, Chickens etc**



To find out more please contact me
01284 828322 / 07813 762799
scoi14@hotmail.co.uk

**Your Charity needs
you....**

We are offering the village hall free once a month to anyone who wants to put on a fund raising event for their favorite charity. We can also help with organising and promoting your event. Contact Bernard Essery for more details.

Bernard.Essery@gmail.com
Tel 827196





**The ultimate workout for Mind & Body
Suitable for all levels of fitness
Women & Men Welcome !**

**YOGALATES at
Shimpling Village Hall
Tuesdays
Chair Based Pilates
2.00 to 3.00pm
Mixed Ability
4.30 to 5.30pm**

For bookings or more information
please contact Ramona Bryson
Mob 07878 324745 or

Email ramonabryson@hotmail.com

*If pregnant please contact before booking

** It is advised that anyone with prior
injury or moderate back pain should
consult your GP before attending

- Fusion of Core Firming Pilates, with Stretching Postures & Meditative aspects of Yoga
- Strengthen, Tone & Stretch yourself to a Leaner You
- Strengthens Lower Back & Core muscles
- Focusing on Posture, Flexibility & Balance
- Safe & Progressive exercises





Singing Flute, Piano

*(Also Celtic Harp, Violin, Ukulele, Guitar and Viola)
Lessons in Shimpling Suffolk*



Qualified, experienced, patient and enthusiastic teacher with CD recording facility

*Beginners to professionals welcome
for leisure, audition, performance preparation and/or
Associated Board of the Royal Schools of Music exams*

Gift Tokens Available

***Telephone Adriene on
07760 238462***

www.musicteachers.co.uk



*GTCL. LTCL (Sg/T; Fl/T; Pf/T) Teaching Diplomas
ARCM (Sg/P) Singing Performance Diploma
Associate of the Royal College of Music in Singing
Member of the Association of Teachers of Singing*

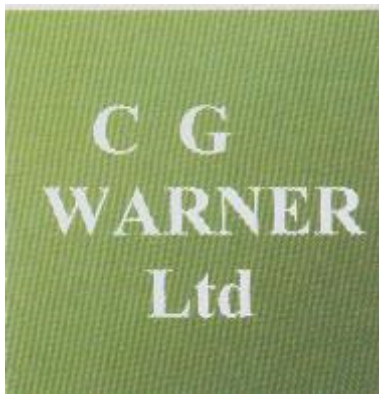


BABYSITTER AVAILABLE



Friendly, mature and responsible 18 year old,
available for baby sitting in the Summer holidays .
References available.

Please call Annabel on 01284 828288 or
email annabel.ross@dsl.pipex.com



DOMESTIC & COMMERCIAL CONTRACTING

**1 Cordell Cottages,
Little Chadacre, Shimpling,
Bury St Edmunds,
Suffolk IP29 4HL**

Tel 01284 828774 Mobile 07971 248320

Email: cgwarner@btinternet.com

- Hard & Soft Landscaping
- Patios & Driveways
- All types of Domestic, Agricultural & Commercial Fencing
- Seasonal Hedge / Garden Maintenance



- Ménage Construction
- Supply & Installation of Grass reinforcement matting
- Lawnmower servicing & repairs
- Grass Cutting
- Paddock Maintenance

- Stump removal
- Firewood
- NPTC qualified Tree Surgeons
- Woodland Management
- Tree / Hedge Planting



Fully Insured

40 years + experience

FREE NO OBLIGATION QUOTES



Oakwood Gardening Services

Based in Shimpling

All work undertaken, including, lawn cutting, hedge cutting, strimming, pruning, weeding, garden clearance, leaf clearing, furniture maintenance, power washing, fence repairs, grave tending and much, much more!

High Standard Reliable Gardening Service

For a Free Quote

Call today on



01284 827 604 | 07903 487 662



oakwoodgardening@gmail.com

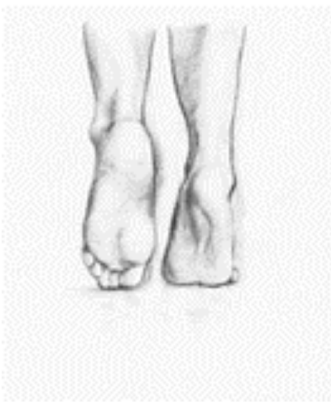


www.oakwoodgardeningsservices.co.uk



Oakwood Gardening Services

Fully insured | Enviroment Agency waste carriers licence



Claire St John

Dip (Hons) WMSch ChPod

Assoc of Inst of Chiropody & Podiatry
Make your feet happy again

Professional, friendly, reliable Foot Health
Practitioner with 15 years' experience

Regular or one-off appointments in the comfort of
your home.

Treatments include:

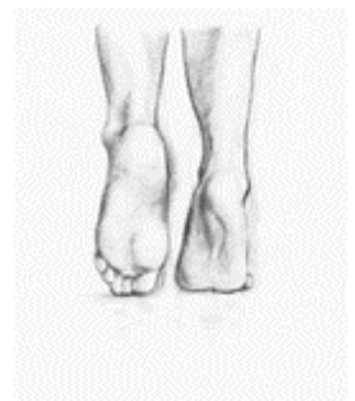
Hard skin removal
Nail cutting/trimming
Cracked heel care
Corns/Verruca's removed
Cream/Massage treatment

Please call today to arrange an appointment:

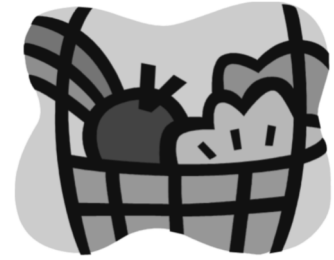
W: 01359 258 227

M: 07780 638 188

E: claire.stjohn@icloud.com



Hartest Farmers Market



Saturday 7th September 2019
10-12.30—Hartest Institute

Locally produced Pies, Bread, Cakes, Meat, Eggs & Crafts. Light Refreshments available !

For more information contact Judy Stevens
01284 830551 judystevens25@gmail.com

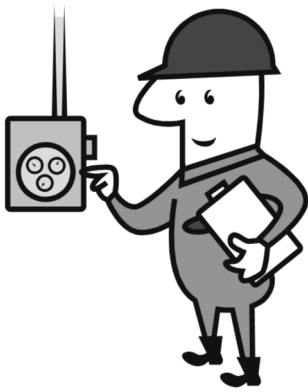
HATTERS CHIMNEY SWEEPS UK

WWW.CHIMNEY-SWEEP.ORG.UK

CHIMNEY & FLUE SWEEPING FROM £45
INTRODUCE A FRIEND AND EARN A £10 DISCOUNT
STOVE MAINTENANCE
CHIMNEY REPAIRS
CCTV FLUE INSPECTION

01787 281979





Domestic, Commercial & Agricultural Electrical Work Undertaken

Including rewires, new builds, extensions,
Economy 7 heating, new consumer units,
testing and inspection for insurance purposes,
smoke detectors, TV & phone points, outside
lighting, low energy & LED lighting, Burglar alarms supplied
& fitted.

Part P recognised, 17th Edition Regulations qualified

All work guaranteed by the ECA

For competitive rates, a personal service and
good quality workmanship contact:

Kevin Seggie Electrical Services

Beechwood Cottage, Bury Road, Lawshall, IP29 4PJ
01284 830786 / 07768 108157

HAPPY TO HELP Garden Services



Call David on 01284 828127



We are two brothers who are passionate about the work we do, to please all with the quality of work and skill we provide, we are only happy if the customer is happy. Between us both we have extended experience in the building trade, we have worked in the past with a small building company building high quality and top spec houses, with over 15 years of experience and employment, (which we were very grateful for) we decided the time was only right to please others under our own name of Reynolds Building & Garden Services.....

These are a few of the services we provided,



plastering, tiling, ground works, landscaping, garden design and build, small extensions, and a small amount more.....

View our portfolio at www.Reynoldsbgs.co.uk

Contact us on; Mobile 07731451209

Office 01284 828621

Woodcot

Garden Services

**Lawn Cutting
Hedge Trimming
Patio Cleaning
Garden Clearance
&**

General Garden Maintenance

Contact Chris Cornish on

Tel 01284 828809 - Mobile 07880 976137

c.cornish123@btinternet.com

Woodcot, The Street

SHIMPLING

